St. Michael & All Angels
CHURCH IN THE PARK | LIVING, LOVING, SERVING

outLook

The magazine for the people of Hughenden Parish | **AUGUST 2024** | FREE

INSIDE: ***Ignatius Spiritual Exercises*** | The Quiet Garden | **August Recipe**

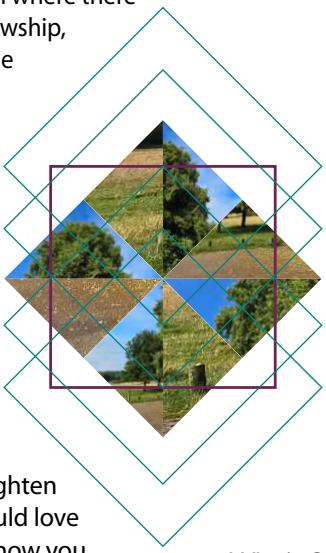
Welcome to **Your Church**

This magazine serves the parish in which our beautiful church of St Michael & All Angels is situated. Outlook aims to give you a flavour of what it is to live in Hughenden and to worship here.

There has been a place of worship and prayer on this site since the 12th century and today the church is open for anyone wishing to wander around or sit a while in its peace. We are an open, welcoming and inclusive church where there are many opportunities for fellowship, social activities and of course the possibility for spiritual growth.

Outlook is published monthly. Articles or comments can be submitted to mag@hughendenparishchurch.org.uk. The deadline is the 15th of the month. If you would like the magazine delivered then please contact Andrew Cole - 01494 305020.

We hope you find something here to interest, inform or enlighten you. We wish you well and would love to have the chance to get to know you.



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Editors *Sylvia Clark, Christopher and Jane Tyrer, Susan Brice*

Design *Ben Brice*

Printing *Andrew Cole, Brian Clark, Roger Grant*

Distribution *Andrew Cole and Team*

Grant us Lord, faith to believe and strength to do thy will

www.hughendenparishchurch.org.uk

Dear Readers

As we begin the summer (?) holidays, let us hope that the turmoil of politics, the tension (and disappointment) of recent sporting events and the horrors of world and domestic news will calm down and leave us with a peaceful and refreshing period before the autumn comes.

It would however be remiss not to mention and reflect on the powerful talks given on the 14th July by Baroness Caroline Cox (see article for full report), particularly the aspect of HART's work that deals with people who are suffering in forgotten wars and forgotten lands and the problems that Kevin and Jen Cable are living through and the decisions they have to make: see their update.

Whilst we do not ignore these issues, we also wish to further our objective of helping you relax into the holiday mood. We have a guide to a book to read (whether or not you are also visiting its location), a local visit to make (which, in case you have children to amuse, will also suit them, as will the recipe for this month). Energetic? Copy those who walked round part of the Hughenden Estate! Less energetic? Read this edition as you laze about and are inspired by Helen's report of her tranquil retreat in Wales. Indeed, if tranquillity is what you need, visit the new quiet garden outside the West Door. Nature is always relaxing - well usually, unless it involves birds eating your seedlings - and this month's Nature Quest brings together birds with mixed reputations.

Additionally, the front cover shows the beautiful Lime (or Linden) Tree at the churchyard gate. Just 'going over' now, but the scent stopped one in one's tracks when in full bloom. Apparently, limes are hermaphrodite, meaning both the male and female reproductive parts are contained within one flower and the wood does not warp, making it useful for a variety of purposes.

Whatever your summer brings, whether a welcome respite from work or school, no change from normal, or nervous anticipation for a change of school, college or university, we wish you joy, relaxation and good health.

Jane and Christopher Tyrer
Editors

And to the Peters Family: every good wish and much love on the marriage of Megan and Josh.

Not from the Vicarage

Helen Peters

Associate Minister

St Michael & All Angels, Hughenden

I have returned to 'duties' following my 3-month Sabbatical. In the April addition of Outlook, I described how I was looking forward to:

- Catching up with friends and family in York, Edinburgh and Lossiemouth; walking in Snowdonia and along the Welsh coastal path.
- A 15-day (silent!) retreat in North Wales.
- Writing up my thoughts on the church's position as it moves towards celebrating committed, loving same-sex relationships.

What an amazing 3 months it has been, for which I am incredibly grateful, with so many highlights:

- It was lovely to catch up in person with friends who usually get a Christmas card with the message 'hope we can meet up soon'. And sobering to meet up in Edinburgh with college friends from 39 years ago! (am I really THAT old?).
- The retreat in North Wales exceeded my expectations, I have a far deeper appreciation for the gift of silence (details in following article). I look forward to completing the second 15 days next year.
- It was good to have the 'head space' to ponder, reflect and write.

I return from this time of Sabbatical with refreshed certainty that the Christian message of Good News that

Jesus delivered 2,000 or so years ago is as important and relevant today as it was to 1st Century Palestine. The message is simple: God the creator of the world in all its diversity loves everything that is made, especially humankind. God's intention for us is to love God, love our beautiful world and love one another. And wouldn't the world be a better place if we could simply do that?

We, at St. Michael & All Angels are a collection of ordinary people doing our best to love:

At our three Sunday Services, Tuesday mid-week communion and monthly Tiny Tots, we come together to listen to God's word through the Bible, to sing praises and to talk to God in Prayer. These services are open to anyone and a warm welcome awaits.

The church is open to all during day light hours for quiet reflection, with comfy chairs in the North Chapel for you to enjoy.

Our eco-team continues to encourage and challenge us to appreciate and care for our beautiful surroundings and wider planet. We are developing an area of 'quiet garden'* to the back of the church building together with lots of places to sit in the church yard to help you appreciate the beauty of God's creation. The eco-team is open to newcomers joining.

Our friendship group, home groups, pastoral visiting group, Mothers' Union and Toddler group all aim to look out for one another; to come along side one another in difficult times; to encourage one other and to laugh together.

'I have loved you with an everlasting love'
Jeremiah 31:3

We would be delighted for you to join us in our quest to be a loving community.

Details of timings for services and groups are on our website together with contact names and numbers if you have any questions.

We hope to see you soon.

* *See next article*

30-Day Ignatius Spiritual Exercises

St. Beuno's Spiritual Centre, North Wales 15th April - 1st May 2024

Monday 15th April 2024, and so the journey begins. A packed suitcase, Bible and notebook as instructed. Excitement and trepidation in equal measure. What to expect?

Destination: St. Beuno's Jesuit Spiritual Centre, Tremeirchion, near St. Asaph, North Wales.

Originally a Jesuit theological training college, it was built in 1848 and designed by the architect Joseph Aloysius Hanson. From the 19th Century to 1960s it was home to a semi monastic community. The building has been extended over the years and is currently home to the small St. Beuno's Community and runs as a Spiritual Retreat Centre.

Individual (silent) guided retreats are of varying lengths. They also run themed retreats based on different topics including art, walking, mindfulness, film, poetry, nature.

The location of St. Beuno's is stunning. Perched on the hill side overlooking the Vale of Clwyd, with the Snowdonia Mountain ranges in the distance, and the North Wales coastline of Rhyl round to the Great and Little Ormes visible towards the sea.

My home for the next 15 days is not in the main college building, but in Rhewl Cottage at the end of the drive – Room A, with the most stunning views over the valley.

The welcome pack and information booklet in my rooms begins with:

> *'St. Beuno's extends a warm welcome to all our retreatants and guests. We hope that you find your time with us blessed and fruitful. Our team and all who work here try their utmost to ensure that St. Beuno's is a place conducive to prayer and reflection where retreatants can encounter God.'*

On the first evening, after a silent supper, we were given a tour of St. Beuno's, including the art and craft room, which is open to all, encouraging creativity.

We were shown several different chapels and various quiet places to sit, with carefully placed cushions, bean bags, chairs, kneeling stools, paintings and sculptures. All these areas conducive to silent prayer and reflection.

We were shown the 'Boot Room', a place

to store our walking boots, with lots of maps highlighting walks of differing lengths along with walking sticks to borrow.

We were informed of how to reach the 'Rock Chapel' and how to access it – with only one key, which is quite precious!

I have written a fuller account of what was covered in each of the 15 days, with lots more photos, which I am happy to share with anyone who is interested (contact me on helen.peters@peters-research.com).

I found these 15 days to be a truly wonderful and personal experience. A time to recognise the gift of silence, to wonder afresh at God's outrageous love for all humankind, to acknowledge the depth of sin in the world, to have time and space to fall in love with Jesus again.

I hope to return next year to complete the 30 days in full.

Revd Helen Peters
A loved, forgiven sinner

The Exercises

Ignatius of Loyola's 30-day Spiritual Exercises can be done in one go, in two stages (15 days each), or in three stages (10 days each). They are a programme (formula) of prayers, meditations, and exercises to help the retreatant discern the presence of God in their life.

These spiritual exercises are contained in a book, which has gone through 4,500 editions since first published. The power and effectiveness of the 'formula' has been experienced worldwide up until the present day. The exercises have to be 'lived' rather than just 'read'.

The retreat is silent (apart from a short morning meeting). Withdrawing from people and worldly cares allowing the retreatant to be silent and free from distractions that can hinder receptivity to God's call.

I met with my retreat director Frances for 30-45 minutes after breakfast each morning. At our first meeting Frances emphasised the importance of 'trusting the process'.

On each of the 15 or 30 days, you are asking God for a specific 'Grace' or 'gift'.

The daily rhythm of prayer is an important aspect of the Spiritual exercises. I was invited to undertake 4 separate hours of prayer per day, each prayer session based on material provided.

Each time of prayer is followed by a period of review/reflection and journaling, where the retreatant is encouraged to highlight specific words/thoughts that appeared important. I was encouraged to notice my 'feelings'/'mood' – to notice movements in mood, and where God might be speaking – during the hourly sessions and between times.

Humanitarian Aid Relief Trust

Baroness Caroline Cox presents Humanitarian Aid Relief Trust

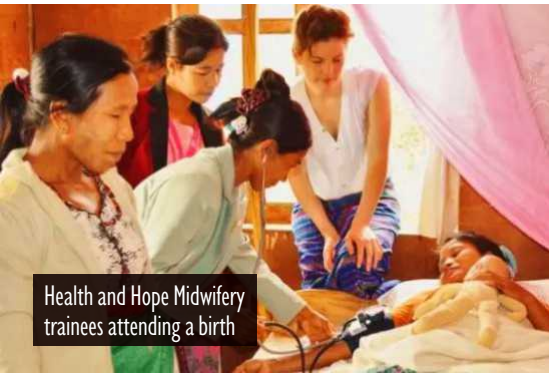
On Sunday 14th July, Baroness Caroline Cox, the Founding President of Humanitarian Aid Relief Trust (HART), spoke in church about the charity which she founded in 2004. HART has often been in our news and prayers, and during the current Mission Support Quarter, from July through to the end of September, it is our Focus Mission. Hence, we have already had the great privilege of hearing Caroline speaking to us first-hand about her experiences; now we are continuing to display information about HART partners and how they are performing amazing work in very difficult and often dangerous circumstances.

Caroline told us so much about the predicaments of partners who are in the crossfire of conflict in forgotten and often very poor and violent places. Currently, HART is working in: Abyei – on the Sudanese borders; Burma (Myanmar); Armenia (including resettlement there of refugees from Nagorno Karabakh); Nigeria, and the two countries of Sudan. Contact is also maintained with several previously served countries and regions.

There are several vital principles that Caroline and her supporters have always held in the highest regard: - Firstly, whenever she stands to speak, either as a crossbench life peer in the House of Lords, or when addressing churches, schools, colleges and other audiences, she justly and proudly says "I have been there, I have seen it!" Secondly, she knows full well that it is those whom she visits who understand best the needs and priorities of their own people. Thus, partnership is paramount, and it applies from visiting nursing and peri-natal mothers, through schoolchildren, to all ages of adults.

Occasionally, external assistance can be secured, as when an MAF flight was arranged in South Sudan, to re-enact a modern version of "the good Samaritan" for a farmer, robbed and nearly killed, left lying in a ditch. But for many with whom HART co-operates, the hard graft of life may entail, for instance, not a short flight but a 5-to-7-day trek through hills and forests, to join a practical training course for Community Health Workers in the Shan Mountains in Burma.

Burma (the name preferred by locals to Myanmar) is typical of many places where HART operates and certainly not a region where the Foreign and Commonwealth Office would guarantee safe travel. Nevertheless, Caroline and her colleagues go there, sometimes meeting visiting



Health and Hope Midwifery trainees attending a birth

Mobile education unit

nursing and midwifery instructor/trainers from countries such as Australia and New Zealand.

Burma, perhaps with a certain degree of optimism, may be described as "Work in Progress." And this is also true of Armenia – where a chink of light is emerging: - Vardan Tadevosyan has been busy working with local partners in Yerevan, the principal capital of Armenia, through a new organisation called Tekeyan Centre Fund, to re-establish rehabilitation services that were formerly provided at the well-equipped Lady Cox centre in Stepanakert, abandoned during the hurried evacuation at gunpoint last year when some 10, 000 souls fled from their "ethnically cleansed" homeland. Exchange visits are in progress, and some further information on anticipated goals is available as a "Blog" on HART's website (www.hart-uk.org).

Good News – Where has more progress been occurring?

Readers may remember the "Roads to Hope" Education and paramedical vehicles programme in Jos, Nigeria, a region that has long suffered from poverty and sudden outbreaks of violence. The Roads to Hope fleet, with help from HART raised through the Big Give scheme, is enabling teaching and paramedical personnel to reach out and travel. Their well-equipped transport is delivering education much more safely in the villages and it also enables first responders to attend medical emergencies such as septic cuts and sore feet, or even snake bites!

Secondly, in the arid north of Uganda, the story of Patongo Orphan Infant Health Rehabilitation Centre (PAORINHER) is a great success. The school was founded in 2007 and was gradually built up and fitted with solar powered energy. It is now a thriving school, clinic, farm, sports academy, and community hub. On the HART website, readers may read a recently compiled video narrated by a teacher at the centre who witnesses how her life was saved from abduction. The entire town of Patongo in the Agago District of northern Uganda originated as an enormous refugee camp where tens of thousands lived in abject circumstances during the terror days of the Lord's Resistance Army. Now, after 12 years of collaboration and growth, HART has handed over the partnership of PAORINHER to local partners. Naturally, contact is still joyfully maintained.

Mission Support Group

Beating the Bounds

When the Boundary Walk was first advertised, my thoughts went to the old tradition of Beating the Bounds. Was the walk paying homage to the custom, still carried on in some parishes? This walk was organized by Andrew Collard, a member of the 11 'clock service music group, an Australian who has just become a naturalized Briton, so now an official Brit! Welcome Andrew!

Beating the Bounds is a custom which goes back to Anglo-Saxon times and is mentioned in the laws of Alfred the Great and Aethelstan. In those days it was sometimes called 'Gangdays' when groups of people, (usually the parish priest and a selected gaggle of boys) would walk the parish borders as a way of preserving the folk memory of where the boundaries existed. In later years the ceremony would take place during Rogationtide, the fifth week after Easter, when the Rector and local dignitaries would walk the parish bounds. The children would beat the boundary markers with willow wands, sometimes being whipped themselves, or having their heads bumped on boundary stones to imprint them firmly in the memory! No health and safety in those times! During the walks prayers would be said asking God for protection of the parish from calamities. The word 'rogation' comes from the Latin verb rogare meaning 'to ask'.

So… after the 11.00 am service on 23rd June, some 18 walkers enjoyed a picnic in the Mothers' Union Garden before starting the walk (around part of the boundary of the Hughenden Estate) uphill towards the Manor, all kitted out with suitable footwear, water bottles, sunhats and walking poles rather than willow wands. There was only one boy on this occasion and I'm happy to report that he wasn't beaten, nor had his head banged on a boundary stone! We wound our way through the woods, which were lovely and cool until we arrived at the fields above Hughenden, with beautiful views across the valley. At intervals we paused and Andrew posed some questions to consider and discuss as we walked, these aimed at initiating conversations and helping us to get to know one another better. There were questions such as: 'What is your silliest injury?', 'What is the best piece of advice you have been given?', 'What is the strangest combination of foods that you like to eat?', What do you do that sets you up for the day'? etc.

On we went, across fields and back into the woods near Downley, the murmur of voices accompanying us but one or two of us did have to cease talking to gasp for breath as we climbed extremely steep paths. One of these from the bottom of the hill up to Cokes Lane near the Scout Hut, was a very big challenge, (well, it was

to me!) but we managed it. Our fellow-walkers were nowhere to be seen (nor any boundary markers) and the cry went up 'Which way?' Luckily a map was produced, and we made our way on the path through brambles, nettles and pretty wildflowers, to the Disraeli Monument, a memorial to Isaac Disraeli, erected in 1862 on the opposite hillside from the Manor, by his daughter-in-law Mary-Anne, wife of Benjamin Disraeli. Again, a wonderful view over part of Wycombe and the Brands Hill area near the Grammar School, panning round to Hughenden Manor itself.

Off again, down a steep path and field, across Coates Lane and back onto the uphill path (gasping again) which came out at the top of the park. Down towards the river we went, the walkers well strung out by this time, and so back across the park, the church now in sight, until we reached the church car park. As for beating the bounds, I don't think anything was beaten - bounds, boys or anything else, but we all, including two dogs, enjoyed the two-hour walk, or 'perambulation' as it used to be known, very much and were thankful to Andrew for arranging it.

As a footnote, back in the days of yore, a parish ale, a feast was held after the perambulation which assured its popularity. (There were various types of 'ale' for different occasions, thus lamb-ale for lamb shearing, Whitsun-ale for Whitsun, Morris-ale for a meeting of Morris dancers… and so on.) The 'parish ale' was a party in an English parish at which ale was the chief drink and it was typically a fundraising occasion that might include music and dancing. It was very popular in the Middle Ages; in fact, in Henry VIII's reign it had become an excuse for so much revelry that it attracted the condemnation of a preacher who declared, "These solemne and accustomable processions and supplications be nowe growen into a right foule and detestable abuse".

All I can say is, there was no noticeable 'foule and detestable abuse' and I don't think many of us would have been up to music and dancing after walking up and down steep hills for four miles on a very warm afternoon. However, perhaps the custom of the parish ale should be revived as a possible means of fundraising in the future?

Sylvia Clark
With a little help from Wikipedia

Disraeli Monument

Chequers
A National Treasure

It's a familiar site, visible from the road between Great Missenden and Butlers Cross, but not usually accessible in these times of strict security and general uncertainty. With permission from the Trustees and the, then Prime Minister, Rishi Sunak, the Bucks Historic Churches Trust was allowed to host a reception there just before the General Election.

Security was tight, tighter because someone had driven a car into the main gates a few days before. An unequal struggle as the gates are heavily fortified: so entrance for our event was strict with gun-toting policemen a plenty on arrival, together with mirrors to inspect the undersides of vehicles.

The house and gardens were donated to the nation by Lord Lee of Fareham in 1917. He had been a member of Parliament for the first 25 years of the last century and his donation was through a Trust Deed, encapsulated in a beautiful stained-glass window with a motto setting out his intentions:

"This House of Peace and ancient memories was given to England as a Thank-Offering for her deliverance in the Great War 1914-18 and as a place of rest and recreation for her Prime Ministers for ever."

The Trust Deed shows the philosophy behind the gift. "It is not possible to foresee or foretell from what classes or conditions of life the future wielders of power in this country will be drawn. Some may be, as in the past, men of wealth and famous descent; some may belong to the world of trade and business; others may spring from the ranks of manual toilers …"

"Lastly, the better health of our rulers … and the inducement of spending two days a week in the high and pure air of the Chilterns … may result in a real advantage to our nation as well as to its chosen leaders."

There are, of course, three official country residences donated to the nation: the other two are Dorneywood, for the use of the Chancellor of the Exchequer, situated nearby near Burnham and Chevening, in Kent, given much more recently by Lord Stanhope for the use of the Foreign Secretary. But it is Elizabethan Chequers which holds the magic of history in its grasp. Dame Norma Major has written the definitive history of Chequers, having found herself, as wife of the new Prime Minister in November 1990, a recipient of its hospitality and charm.

We were fortunate, at the reception for BHCT, to have her come and give a talk on

the house. It was an added interest that she brought her husband. We are allowed guided tours of the building afterwards with a commentary on the historical and interesting aspects of the place. Lloyd George was the first beneficiary and, since, all but one of Britain's Prime Ministers have come to appreciate the privacy and relaxation the House affords.

A cabinet in the dining room was made from an oak tree planted by King Stephen; Oliver Cromwell's death mask is an exhibit, as is a ring worn by Queen Elizabeth I. Lloyd George entertained a Russian terrorist there and Winston Churchill broadcast his wartime speeches from the Hawtrey Room, not from London as was generally thought for quite some time and now where subsequent Prime Ministers have been apt to gather for pre-luncheon drinks. President Richard Nixon was entertained there by Edward Heath, as was President Boris Yeltsin by David Cameron (the time when he accidentally left Flora, his daughter, in The Plough at Cadsden was on another occasion) and by John Major, when Yeltsin planted a tree and was taken to the (now demolished) Bernard Arms for a pint. History relates that when John Major and Boris Yeltsin arrived at the Bernard Arms it was closed for refurbishment. Nothing daunted, Yeltsin made such a noise that the owners came down to remonstrate and ended up pouring pints. President Xi of China was so taken with The Plough that Chinese officials purchased it after his visit. However, in quite short order, they realised that they had no idea about running a British pub and sold it on.

We were shown the gallery of photographs of every Prime Minister from Lloyd George to Liz Truss (Rishi Sunak was still PM, but his photograph will be added as will be Sir Keir Starmer's.) We were shown Churchill's chaise longue, complete with the burn that he made in the polished leather with a cigar when he dozed off (obviously too historical to be erased by repair). Every Prime Minister's Coat of Arms is to be found laid out in the windows along a gallery and in date order. Then there is the Rembrandt that no one knew about and which was hung up in an upstairs corridor, until a Dutch visitor spotted it and asked about it.

Sadly, visits are few, but Dame Norma Major's book is comprehensive and well worth a read. It is a great Blessing that Lord Lee foresaw the need for our Prime Ministers to escape the pressures of office and find quiet and refreshment in our midst. We rarely know when or if the Prime Minister is in residence and that is how it should be. Both David Cameron and Boris Johnson have met and conversed with walkers whilst out running. Sir Keir just might fancy a pint at The Plough…

Christopher Tyrer

Comedians, Storytellers and a Pop-Up Cafe

Many of us know St Andrew's Bookshop in Great Missenden and enjoy exploring their range of Christian books, which includes not only Bibles, study guides and commentaries, but biographies, fiction, books for children and teenagers and second-hand books. In June this year they launched the first St Andrew's Literature Festival and brought writers to the town to talk about their books and their lives. Over the two days there were opportunities to hear a great variety of speakers in the churches of Great Missenden and in the bookshop itself.

Paul Kerensa, a stand-up comedian and a writer for such series as Miranda and Not Going Out, spoke about his book So a Comedian Walks into a Church - Confessions of a Kneel-Down Stand-Up. He says he finds comedy and God wherever he goes, in churches, cafes or cruise liners. His audience in the Baptist church hall were well entertained.

Lauren Windle, a journalist and public speaker, is the author of Notes on Feminism, - Being a Woman in a Church led by Men, and she discussed her thoughts on that subject in an interview in Great Missenden's Roman Catholic church.

Simon Guillebaud spent 25 years working in Burundi, often in dangerous situations, and founded Great Lakes Outreach, which has the twin aims of preaching the gospel and alleviating poverty. His humanitarian work has been recognised with an MBE. Simon spoke in the Baptist church about some of his jaw-dropping experiences in Burundi as well as about his book Choose Life, 365 Readings for Radical Disciples, which is both challenging and inspiring.

Simon Ponsonby, pastor and theologian on the staff of St Aldate's Oxford, also spoke at the Baptist church. He has written several books about the Holy Spirit, which gently encourage us to leave the shallow waters of Christianity and move into the deep waters of God's love. To find out more, read his book entitled More! Simon is a great raconteur and a former butcher, so among other subjects he also spoke about where to get the best pork pies!

Bob Hartman, an ordained minister and professional storyteller is the author of over 70 books for adults and children. He held an interactive session in St Andrew's Bookshop, which was attended not only by children but also by adults who wanted to learn about effective storytelling. He told a selection of Bible

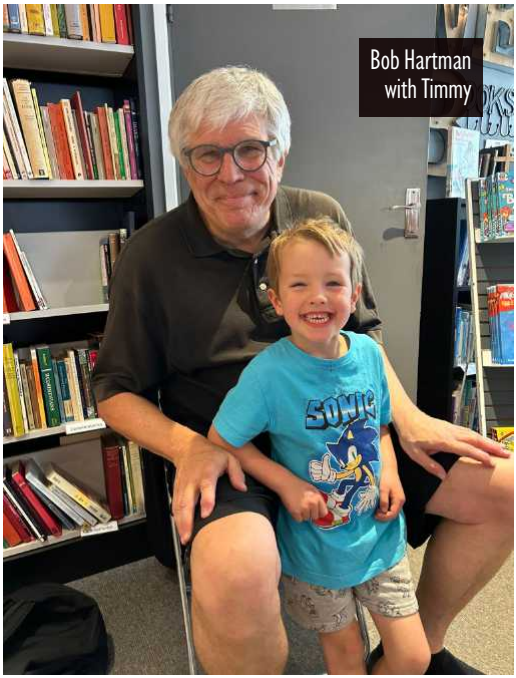
stories, encouraging audience participation. One five-year-old member of our congregation was enthralled by the stories, joined in enthusiastically, and was then delighted to have his own book signed by Bob.

Among the numerous other authors taking part were Andrew Ollerton, author of The Bible Course, the well-known theologian Paula Gooder, and the ever-popular Fiona Castle.

Part of St Andrew's Bookshop was transformed for the festival period into a café, where free tea, coffee and biscuits were served, while people relaxed in between talks and browsed the books on the shelves. Bliss for book lovers!

There was something for everyone at the festival and plans are already underway for next year's event. Many of us who enjoyed this year's festival are planning to go again next year. See you there?

Charlotte Tester



Important Update from **Kevin and Jen Cable**

In their letter below, Kevin and Jen, our ministry partners in Israel, outline a change in their support arrangements, as well as the continuing effect of the situation in the region on their lives.

Greetings everyone from Jaffa!

We were so grateful to be able to meet so many of you on our trip to England, and to put names to faces and get to know you. We felt very supported and welcomed, and so thank you for your hospitality and a spectacular English Breakfast, something very difficult to find in Israel!

In many senses it already feels like a lifetime ago since we saw you. We re-entered the country and the sense of tension was palpable and very real, and the reality of living in a country at war returned again only too quickly. The potential of war on the Northern Border, already devastated by rocket fire from Hezbollah, the tragedy of the situation in Gaza, and impact on daily life for everyone was a sobering welcome home, and although many things in daily life remain the same, much has also changed.

One of the changes we have faced, and one we want to tell you about, is that we have reached the end of our three-year contract with the Church Mission Society (CMS). This meant we needed to decide whether to continue in Jaffa, and if so how. As you know, we have worked closely since our arrival with the Israel Trust of the Anglican Church (ITAC), part of the wider CMJ family. CMJ is the Churches Ministry Amongst Jewish People and has over 200 years of history in the area, particularly as they founded the first Protestant Church in the Holy Land, which acted as a springboard for other protestant organizations to also come and establish a presence here.

Although originally intended to provide Christian witness, practical support, and service to the thousands of Jewish people emigrating to Israel in the late 19th Century, today's ITAC has a ministry to people of all faith backgrounds and none. From the Mercy Fund in Jerusalem which provides practical help and support to many Arab and Jewish families in the area, to our own work here in Jaffa in conjunction with the small historic Arab Christian community in bringing light, hope, and assistance to the local

community, the wide scope of ministry is a beacon of light in very dark times here.

The war has been difficult for us as you know, even from the very beginning on the 7th October when we found ourselves in an open field trying to shelter from incoming rockets and lying between the concrete crash barriers of the motorway while trying to travel the 30 or so miles back to Jaffa. One thing that has made a huge impact on us, however, is the on the ground practical support that ITAC have been able to offer us. As an organization with its head offices in Jerusalem, and 200 years of experience in working in Israel/ Palestine, their help to us sometimes on a daily basis has been invaluable and essential. Even in war, bureaucracy continues, and although both our Hebrew skills are fluent for everyday things and conversation, the technical jargon of bureaucracy is still something we need help with.

There is of course the fact that knowing who to contact in the council, government departments, and how to approach them when in need of help means that local on the ground people in ITAC who were born and raised here has been a blessing we are so thankful for.

So, at the crossroads we found ourselves at, after much prayer and discernment we have decided to move under the ITAC umbrella for largely practical reasons. CMS have been wonderful to work with, but the war has changed much, and the landscape out here now looks very different in every respect and will continue to do so after the war. These events of the last 9 months will leave an impact that will be felt for generations, by people in Gaza and in Israel. The work therefore of reconciliation and journeying with everyday people in the spirit of the Christian message of the gospel of hope, and reconciliation has never been more important. To be part of that ministry, although hard and difficult most days, is not just essential, but also a privilege and an opportunity to very much be the hands and feet of our Lord Jesus Christ to peoples of all faiths and none. The costly efforts of the work are beyond valuable, even if they only help support a few people and families and show them that they are loved unconditionally regardless of who they are.

On a daily basis therefore much of our work will remain unchanged. We still continue a ministry to all people, Jew, Muslim, Christian, Atheist, Homeless, to whoever the Lord calls us to serve. We will continue to work with those both new to the Christian faith, and those who have sought us out to explore it, many at great personal risk to themselves if they have come from a different religious faith background. Our small Bible Studies, Daily Prayer, Worship, Little Lambs, support of such as the homeless and drug addicted through our partnership with Aviv Ministry will continue, as will our simple everyday ministry of being visible in the community. Despite the challenges, we step out in faith and continue the work.

We would ask very much for your prayers at this time particularly for the long-term

future. Finances are difficult, and even more so with the spiraling cost of living due to the war and shortages in Israel already being felt. There is the potential for additional funding from ITAC, but this would entail committing to another full three years of ministry here. We are grateful that ITAC have agreed to let us have until October to make that decision, given the huge uncertainties here due to the potential of a full-scale conflict with Hezbollah, which would not only lead to increased risk, but would also radically change everyone's life here. We completely support ITAC's need for their staff to commit to the long term, so they know who they can place where and what ministries to focus on. For us however, three years feels like a long time, and neither of us are getting any younger! Please pray the Holy Spirit will be clear about the right decision to make in this respect.

For now, we continue onwards. Jen, with her extensive medical experience, is busy at Beit Immanuel preparing the centre there for the worst-case scenario by making sure all the right medical supplies, food, water etc. are in place. Many of the local community could spend longs hours in the bunker there if war with Hezbollah erupts. We hope it will not, but we do need to be prepared. Please pray for her work which is vitally important in being ready for this eventuality should it occur.

Finally thank you all for your support, both prayerfully and financially. We both feel the love and prayers of you all, and in these troubled times it lifts us to know that you are there, journeying with us.

May the Lord Bless you all,

Fr Kevin and Jen

What does this mean for us in Hughenden?

Firstly, please pray for Kevin and Jen, for the decisions they need to make and for God's peace and guidance in those decisions.

Secondly, if you support them financially, you will need to switch that support from CMS to CMJ from the end of August. You should receive details from Kevin and Jen on how to do that. If you have any questions, please do speak to David Tester.

Thirdly, please do continue to pray for peace in the region, for wisdom and justice to prevail.

Mission Support Group

The Rotary Club of Princes Risborough

July the 1st is the beginning of the Rotary year, so we have a new President, his 2nd time after a 6 year break. The past 12 months have been very busy. Locally we supported local schools with sensory gardens, books and play equipment etc; the Bucks Young Carers; 1,300+ children at our annual Art Competition; 5 Farmers' Markets and much more. Further afield, we provided Ukraine with refurbished ambulances and generators and supported a large number of refugees locally. We also sent shelters to Turkey following the earthquake and have been part of the successful Rotary International campaign to eradicate Polio worldwide.

Over the past few years we have managed to raise an average of over £33,000/year, every penny of which is donated primarily to local charities and organisations. There are a number of fundraising plans for this year, our first on July 7th being our "Risborough Rotary Ramble" in aid of Scannappeal (providing state of the art medical equipment for Bucks hospitals), which raised around £2,000. Another major event is the Kop Hill Climb in September in which we are heavily involved (This has raised over £1 million over the past 10 years). To raise such amounts requires considerable effort by our members - luckily we have welcomed a number of new ones over the past months – but we would be delighted to welcome more, we're looking for both men and women to help us make a difference. Despite the above projects, the core Club activities are socially based, with our regular Monday evening meetings at the Whiteleaf Golf Club. We remain a fun, friendly Club, and if you would like to join and help us contribute locally and internationally, visit our website and why not come to one of our meetings to see if it might interest you? Also, if you know of causes that would benefit from our support, or you would like to donate to our Charity Account, please use the contact details below.

You can contact us at: rcpr.org.uk or call the Club President, Graeme Card on 07827 298411 or email: gpcard@gmail.com

Open Doors

60 years of serving persecuted Christians

In a vast area, thousands stand in front of a giant idol of the leader. All are expected to worship the one they know as a god. To not do so means death. Spies are everywhere. Colleagues betray you.

Where are we? We might see ourselves with Shadrach, Meshak and Abednego in Babylon or we might be in Pyongyang, North Korea?

> *"Our God whom we serve is able to deliver us from the burning fiery furnace, and he will deliver us out of your hand, O king. But if not, be it known to you, O king, that we will not serve your gods or worship the golden image that you have set up."*
>
> Daniel 3

With a similar belief, the church In North Korea, which remains number 1 on the World Watch List, continues to grow despite everything. These quotes from North Korea show how:

> *"Even though following Jesus is dangerous it's worth the risk"*

> *"The thing I give thanks for the most is that Father God uses me to work as His servant. I desire to dedicate my life, until death, to glorify Him."*

> *"In persecution Jesus is all you have and you discover he is all you need." Sang-Hwa:*

There are around 400,000 believers in North Korea Many of them are being held in labour camps and prisons for their faith. Despite the difficulties of the surveillance in China and a closely guarded border where Bibles and food can only be smuggled across by prayer and miracle, Open Doors continues to supply about 100,000 believers in North Korea.

In China itself 10,000 churches were closed last year.

Each year, across the world, persecution is increasing. Last year 1 in 7 Christians suffered very severe or extreme persecution. In 2019 that figure was 260 million, in 2023 it was 365 million. 15,000 churches were attacked or closed. That is seven times more than 2022, and yet to share another quote:

> *"Everything is under the control of God who watches over the whole world."*

So where do we fit in? We daily hear stories of war, but what about the spiritual war.

War has a cost, physical, mental, emotional.

We may see it at a distance and are not personally involved. It can be the same for spiritual warfare. Churchill said, "War is a constant struggle and must be waged from day to day" and John Wimber, "War going on. Most of the church do not know it. Those that do, try to remain civilians"

Saleh travels regularly into Yemen to encourage the believers and share his faith. He says, "If we sit at home and do nothing, we would be safe. But what kind of Christians would we be if we weren't risking our life for others to know Life? Your prayers are crucial to us because they lead to miracles.

"Your prayers are crucial to us … and yes, the 'your' includes me and you. We are all called to care for our brothers and sisters across the world and we can all pray … because they need miracles."

"Prayer is not preparation for the battle; prayer is the battle."

Please visit the website to hear more of the stories mentioned and get more information to pray.

John Barringer
www.opendoorsuk.org

Lighting a candle can be a prayer

To remember

For giving thanks

To ask for help, whatever we need

As a symbol of life and hope

To remind ourselves that Jesus Christ is the Light of the World, that no darkness can ever overcome

Jesus, Light of the World:

shine in the dark places of our hearts and of our world

Jesus, Light of the World

surround us with the warmth of your love

Jesus, Light of the World

Comfort the sorrowing, heal the hurting, carry the weary

Jesus, Light of the World, Lord of life and death

be with us today and always, until you lead us to our

eternal home where sadness and death are no more

and every tear is wiped from our eyes.

Amen

Seen by Alan and Jan Jaycock in a recent visit to St David's Cathedral

Have you ever visited … **Wycombe Museum?**

If the answer to the above question is 'No', then 'Why not?'

We recently made a visit to the museum on behalf of our readership, shamefully never having done so in all our years of living in the area. Admittedly, and as we pointed out to the lovely, helpful and enthusiastic staff (both paid and voluntary), the Museum is extraordinarily poorly signposted and advertised, but this is hardly an excuse. The Wycombe Museum, (not to be confused with the Wycombe Chair Museum, which does have the familiar brown signs in the town) can be found in Castle Hill House on the corner of Priory Avenue.

The house itself dates in part from the 17th century, though there may well have been occupation of the site since the Middle Ages and may have been the site of the 'castle' in its name. The story of the house and its occupants is of considerable interest, and is explained throughout the visit, along with the history of its fascinating range of contents.

Much of what is on display deals with the history of chairmaking in Wycombe, presented in a lively and informative way, with much for children to get involved with. (Sylvia couldn't resist the dressing up box: see photo). Whilst we were there, there were preparations for a new exhibition of chair styles, which will be open by the time you read this.

There was also a small exhibition about John Hampden, including some civil war armour and weapons: this however was the only part of what we saw that was perhaps, whilst informative, less than successful in imparting the full significance of his stand against the King.

However, the rest of the museum- which is packed with displays, beautifully and informatively presented with appropriate levels of text, astonished us both. Why don't we all know about this gem within our midst?

Who is this kitchen maid?

If you go – and you must, look out for:

- The Red Lion, saved from the hotel of the same name, and which gives the museum its logo;
- The Wycombe Wanderers display;
- The report of the Skull family wedding when a skeleton was found!;
- The film of Bassetbury Manor (and others) in the small cinema;
- The catalogues from local furniture manufacturers
- The names of families you will recognise among the exhibits.

We had an absolutely delightful couple of hours- we could have stayed longer, and we will definitely be taking visitors both young and old to visit.

Jane Tyrer and Sylvia Clark

Details:

Priory Avenue, HP13 3PX

Open Tues - Fri and Sun 10-4

Free entrance, but donation requested.

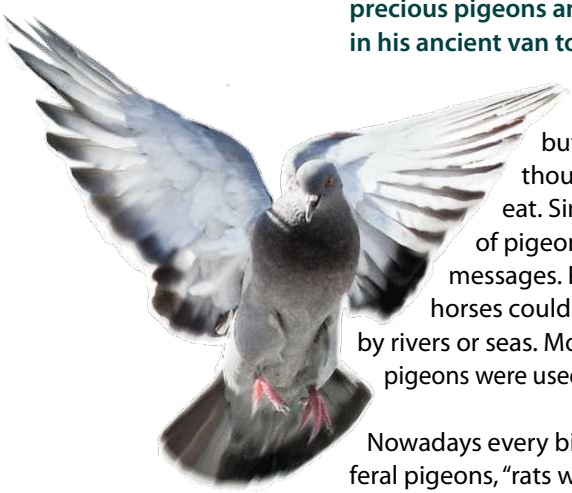
Some parking in grounds, and on adjacent road (parking meters but they seem to be defunct)

Café serving usual range of hot and cold drinks, cakes and bespoke Wycombe Museum biscuits.

Lovely grounds suitable for picnicking, sensory garden, play areas, and paths to explore.

Nature Quest

On my shelf is an old clock: nothing very special to look at, but as a boy this clock stood on my grandparents' mantelpiece. Grandad had won it as a prize for a pigeon race. An appropriate prize because pigeon racing depended crucially on timing, from the distant release of the pigeons to when they arrived at their various lofts. Special timepieces were designed for the purpose. Nowadays pigeon racing uses electronic technology, but as a small boy I recollect going with Grandad to feed his precious pigeons and occasionally driving maybe 30 miles in his ancient van to a selected release point.



Pigeon racing began in the 19th century, but pigeons have been domesticated for thousands of years: for meat and for eggs to eat. Since the 2nd century, the homing instinct of pigeons has been used to convey urgent messages. Pigeons could fly much faster than horses could run, and of course were not hindered by rivers or seas. More recently in WW2 about 250,000 UK pigeons were used to convey vital messages.

Nowadays every big town has a population of pigeons: feral pigeons, "rats with wings", scorned and beloved in equal measure. "Feed the birds, tuppence a bag" sings the song, but now a fineable offence in many places. Domesticated pigeons (which derived originally from rock doves) inevitably escaped but had got used to human environments and found easy pickings amongst gullible and untidy humans. The original rock doves have interbred with the escapees, and pure rock doves are quite rare in UK.

NQ Challenge

Unless you can actually catch a pigeon, just imagine you're sending an important and long message by pigeon post. How big a piece of paper could you fold up, to strap to the pigeon's leg. Try actually folding it. Would some particular size or shape be better?

This brings us to doves versus pigeons. There are hundreds of varieties world-wide and thousands of special breeds, but all are columbidae, and there's no easily-defined difference between doves and pigeons. Some languages have two distinct words, others have just one word: Welsh has colomen (like the Latin); biblical Hebrew has yonah (same as the name Jonah) and tor (giving Latin turtur and our turtle-dove: incidentally the very pretty turtle-doves are only rare summer visitors to UK).

In English "dove" is a very respectable peaceable name, whereas "pigeon" is well down-market. Around our home, woodpigeons dominate: the heaviest of doves/pigeons, plump in my view because they eat so many of my tender seedlings. We have a "water feature" in the garden where the woodpigeons come for a drink. They sit on the edge, dip their bill in the water and drink, then turn around to fly away, but always poop in the water before they leave! Disgusting! On the other hand, I do love the collared doves: almost always as a twosome; slim and streamlined, not fattened on my seedlings. In fact, the only thing I can definitely say they eat is salt from the roadside bin! But I suppose they do have a wider diet!

Perhaps the most famous dove is Picasso's line drawing with an olive branch (well, a tiny twig) in its bill. Symbol of peace. It derives from Noah in his ark on the flood waters, sending out a raven and then a dove to see if there was dry land anywhere. Eventually the dove came back with the olive twig and Noah knew that the flood was receding, and there was hope of life returning, and peace between God and people.

In ancient times pigeons and doves were used as religious sacrifices, as Mary and Joseph did in thankfulness for the birth of baby Jesus, but later, at Jesus' adult baptism, the Holy Spirit came upon Him and it seemed a dove alighted on Him, the symbol of new life and of peace between God and people. And so, the dove has been used as an artistic representation of the Holy Spirit ever since, and doves have been regarded with respect and affection. It wouldn't sound quite the same if it were a pigeon, even if they're all columbidae!

Mike Hill
nature@hughendenparishchurch.org.uk

TRAVELLING BOOK-ENDS

'The Signora had no business to do it, no business at all.' Many of you will recognise this as Charlotte Bartlett's words at the beginning of EM Forster's 'A Room with a View.' Well, when we recently stayed in Florence, our room nearly had a view of the River Arno … almost. However, we had no complaints at all as we unexpectedly had a tiny terrace with room for two chairs and the view was of Florentine rooftops. I have probably read this book three times and watched the famous film on many more occasions. I fully intended to disassociate myself from the film but actually being there in the city this proved to be impossible. Helena Bonham Carter, Maggie Smith and Judi Dench, in their elegant Edwardian costumes, were with me at every turn.

A Room with a View is definitely the most romantic of Forster's relatively small cache of novels. I've been thinking that it is Romantic too, with a capital R, particularly with the deep feelings about nature, consistent with Thoreau and Waldo Emerson. Reading it this time in Florence, Forster's writing also resonated strongly with me as a very witty, social comedy.

Here are the middle classes at play. This is no longer the Grand Tour of the 18th and early 19th century, but it is still concerned with the improvement of oneself through exposure to culture: art, music and sculpture. Charlotte Bartlett, Lucy's older cousin, is with her as companion and chaperone and is the embodiment of late Victorian morals and protocols. She is scandalised when a father and son at the pensione offer their rooms with a view. It takes the clergyman Mr. Beebe to convince Charlotte that this is just simply a kind gesture with no strings attached.

At the other end of the moral scale George fills his life with the larger concerns of love, freedom and openness to new experiences. He finds the values of the middle-class Victorians, now cast aside into the previous century, to be positively stultifying. (A Room with a View was written in the early years of the twentieth century.)

Well, social mores aside, we were in Florence to see and experience all that the city had to offer. We did of course visit the Uffizi. Our 'skip the queue' tickets had been bought months earlier but, on the day, we realised there was a queue for those who were skipping the queue, if you see what I mean. It was an achievement to even enter this monumental place. Amongst the overwhelming wealth of renaissance art, there was a smallish Madonna and Child by Filippi Lippi which I really loved. It had a very human quality to it. The postcard is now on my fridge door! After what felt like a very heavy four course meal, it was light relief to 'uschita' (Italian for exit I quickly learnt) and to come across a gallery of modern art with a stunning Modigliani …another postcard!

And then there was the Santa Croce where old Mr. Emerson disturbs and annoys Mr. Eager. Now of course guides are quiet! They talk into a radio microphone and all their group have earpieces. Would the stiff, upright priest have approved I wonder. There was the tomb of Michelangelo, alongside Machiavelli, Da Vinci and Rossini, and walls of beautiful, rather abstract frescos with an unexpectedly modern feel, possibly because of the chalky, flat finish.

'I am here as a tourist,' (chapter 6) says Lucy to the rather tedious and objectionable Mr. Eager, the Anglican priest in Florence. And, indeed, so was I. It sounds far more interesting to describe oneself as a traveller but to me that suggests large amounts of time is available and sometimes that is not the case. I want to understand the history of a place, albeit maybe in abbreviated form and to move from a photo on a page to the real thing is exciting. I hope I am a good tourist though. I do listen to the guide and I do not take endless selfies…or indeed any at all.

Lucy Honeychurch is an ingenue; an innocent in the ways of culture and matters of the heart. She does not know how to deal with George Emerson's rather clumsy advances and is unsure whether or not she wishes to be kissed again. Charlotte's decision is to remove Lucy from Florence immediately.

'In the morning they left for Rome.'(end of chapter 7) And so did we, walking from our hotel to the station and catching a train to the capital. A 2-hour journey, fast, efficient and comfortable. That much further south, Rome was considerably hotter.

We had tickets the next morning for a guided tour of the Vatican, the Sistine Chapel and St Peter's Basilica. A 3-hour tour beginning at 7.30 am. and no breakfast! Nothing could have prepared me for the enormous size of these places or the richness. Like nothing I have seen before. It was uncomfortable though as I struggled to find some essence of Christianity … and failed. The following

day was full of Ancient Rome with the Colosseum, the Forum and Palatine Hill. I could half close my eyes and imagine the area full of Romans living their everyday lives. It was memorable to walk among the walls, the pillars and the towers.

Our trip was rather full on but there was time for some excellent eating: delicious pasta, tasty pizzas (although we had to ask for black olives to be added) beautifully cooked sea bass and a rich Tuscan stew in the hotel restaurant on our first night in Florence. Also, in Rome our hotel had a delightful inner courtyard; green, and with a cooling water feature. It was a perfect retreat, somewhere to have a long, cold drink and recover from the heat, the queues and the crowds.

Keats' House at the bottom of the Spanish Steps was an unexpected find. A tiny English museum looking over the gelato sellers and the pizza stalls.

I was surprised by the fact that there are no high-rise buildings in either Florence or central Rome. Looking down on Florence is to see a medieval cityscape, quite complete. This is a very different approach from London where St Paul's Cathedral and the City churches are surrounded by modern towers of all shapes and sizes. I don't personally mind the old and new being side by side but the Italian approach is impressive.

We had a wonderful Italian adventure but on the journey home I pondered about what book I should have taken to read in Rome. Any thoughts? Just not anything by Dan Brown, thank you!

Susan Brice

The Quiet Garden

The Eco church group at St Michael & All Angels, Hughenden have been busy creating a Quiet Garden Space. The idea follows the Quiet Garden Movement, which has created a network of outdoor spaces and gardens throughout the country for stillness, contemplation and prayer, spread across both rural and urban locations worldwide.

With the increasing business of our lives and also with so many different ways to communicate, all seemingly needing quick responses, it's sometimes hard to ignore the distractions and find those spaces where we can be silent and still.

We wanted to create a space for anyone to come to the beautiful churchyard at Hughenden and find a place where you can take time just for yourself and to simply 'be'.

The Eco group took a recce around the churchyard to find an easily accessible spot that anyone could reach easily. We were challenged with finding a completely secluded place, as the grounds of the church are on a sloping site and many suitable places would not be easily reached by all. So, we chose a site close to the church on level ground. We then applied to Northwest Chilterns Community Board and were awarded a very generous grant to create our Quiet Garden. The site was very overgrown and after we had cleared it, we then prepared the ground with weed suppressing membrane and golden flint gravel.

We have planted a star jasmine as a screen and have planted mostly blue/purple plants such as lavender, salvia and purple thyme to attract bees and butterflies and a solar powered water feature has also been included.

There you will find a bench, which was sourced from a company which makes sustainable outdoor furniture from UK plastic waste, which would otherwise be sent to landfill. The inscription on the bench reads: 'Come with me by yourselves to a quiet place and get some rest' - Jesus' words to his disciples after they had been busy ministering to others - Mark 6: 31.

The garden can be found just around the left-hand side of St Michael & All Angels church entrance as you face the porch. If you are walking around the beautiful grounds of Hughenden Park, attending or visiting the church or the churchyard, we invite you to come to The Quiet Garden space and take that time for yourself to rest a while and to simply 'be'.

Jan Peters

August Recipe

Carrying on my theme of using up fruit these cookies are another option for bananas as a change to banana cake! The banana in this recipe brings a moisture and distinctive taste to the biscuits. Biscuits are so expensive to buy now and particularly nice ones, but so easy to make.

Although pecans are traditional with banana you could use walnuts if preferred. When unbaked, the dough balls can be kept in the fridge for up to 2 days or frozen for up to 3 months. If you bake from frozen they will need a few more minutes cooking.

It is also summer holidays coming up and this is a very easy recipe to make with the children or grandchildren. The secret here is to slightly undercook them and they stay nice and fudgy, enjoy!

Julia Grant

Chocolate, banana and pecan cookies

INGREDIENTS

110g unsalted butter at room temperature

110g caster sugar

1 large egg, beaten

125g plain flour

½ tsp baking powder

20g cocoa powder

½ tsp cinnamon

100g chocolate chips

50g mashed banana

170g pecan halves, finely chopped

110g icing sugar for dusting

METHOD

1. *Place the butter and sugar in a bowl and beat on high speed until light and fluffy. Gradually add the egg and continue to beat into mixture. Sift the flour, baking powder, cocoa, cinnamon and ½ tsp of salt, then add to the bowl. Mix on a low speed for about 15 seconds and then add the chocolate and banana. Beat until combined and then transfer to the fridge for at least 2 hours.*

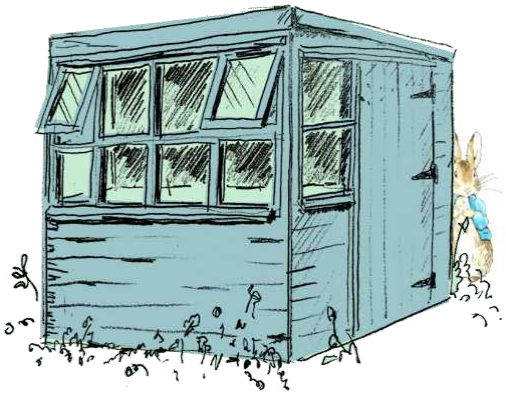
2. *When firm, use your hands to form the dough into 3cm round balls about 20g each. Place the chopped pecans in a bowl and dip the balls into the nuts until completely covered.*

3. *Line a baking tray with baking parchment and place the balls onto it, transfer to the fridge for at least an hour.*

4. *When ready to bake preheat the oven to 190°C (170°F, gas mark 5). Place the icing sugar in a bowl and roll each cookie in it. Place on the lined baking tray, spaced 2-3cm apart and flatten the cookies to 1cm thick.*

5. *Bake for 10 mins. They will be soft to touch and allow them to cool on the tray for about 10 mins. They can be served warm or cold.*

From the **Potting Shed**



Dear friends,

Hope you and your gardens have enjoyed our touch of summer. We never know how long blue skies and sunshine are going to last do we, so it's important to make the most of it I feel. Time and nature never stand still, do they? We are always moving forward…sometimes too fast maybe. Ruby was here for tea the other day and was moaning that she'd seen signs in shop windows advertising school uniforms and saying, 'back to school,' before she had quite finished the summer term! Yes, I sympathised with her and we talked about trying to live in the present, enjoying the moment etc.

Then we went into the kitchen and she said, 'Oh no, Granny this looks like autumn!' This obviously wasn't helpful after the chat we'd just had. I had been sorting out all my Kilner jars and freezer containers ready to preserve the glut of fruit and vegetables that MacGregor will shortly be putting on the doorstep. I still make jam and chutneys because it's a soothing way to spend a day but I also fill the freezer with produce ready to bring a little freshness to our winter meals. My old mum had shelves and shelves in a cool larder which would be filled with jars of preserved food in beautiful jewel colours. I'm happy to have my big chest freezer in the outhouse.

Enjoy the day my dears, enjoy the day.

Cecily MacGregor

Jobs for August

1. Liquid feed your dahlias (hope the slugs haven't been snacking on them) and stake them if necessary.
2. Deadhead sweet peas regularly to keep them flowering.
3. Terracotta pots dry out quickly, so keep them damp and then the plant roots won't dry out.
4. As seed heads form, leave some as food for the birds in coming months.
5. Store tulip bulbs somewhere dry and cool ready to plant again in the autumn.
6. Pick courgettes whilst small and sweet, unless you're a great lover of marrows that is!

What's On at St Michael & All Angels

August

3	1.00 pm	Wedding Josh Jones & Megan Peters: Church
6	10.00 am	Mothers Union Coffee Morning: Church House
7	1.00 pm	Knit and Natter: Church House
10	1.00 pm	Wedding of Jess Hanson and Michael Gray: Church

September

4	1.00 pm	Knit and Natter: Church House
7	1.15 pm	Wedding of Aaron Nolan & Lucy Smith: Church
14	12.00 pm	Wedding of Adam Smith & Tina Rossi: Church
18	7.00 pm	Alpha Course Starts: Church House
28	10.00 am	Churchyard Clear-up: Church

1st & 3rd Sundays

9.00 am **Choral Communion**
11.00 am **Service of the Word**
6.00 pm **Evensong (Sung)**

2nd, 4th & 5th Sundays

9.00 am **Matins (Sung)**
11.00 am **Family Communion**
6.00 pm **Evensong (Sung)**

Tuesdays

11.00 am **Holy Communion (Said)**

One morning service is usually live-streamed on Sunday. Find it on our website, or on the church YouTube channel: youtube.com/hughendenchurch

Regular Groups

Hughenden Community Singers

Mondays from 7.30 to 9.30 pm. No need to be able to read music or to have sung before, and no auditions. Under-18s welcome with parents. Contact Liz on 07768 790029 or evmoseley@btinternet.com

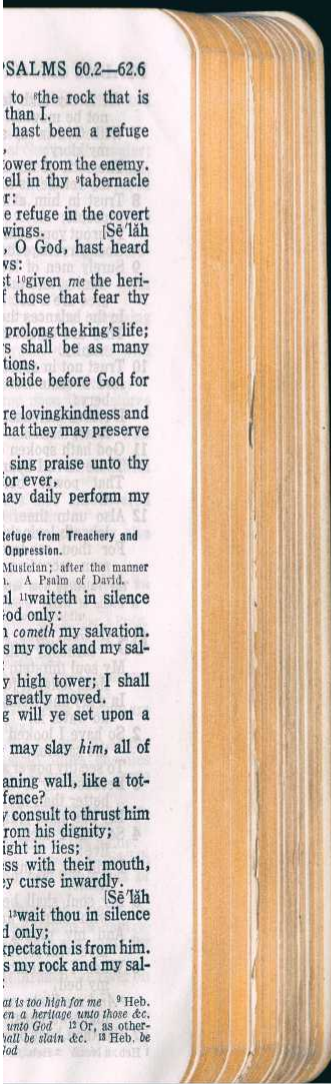
Friendship Morning

This is a get together in Church House on the third Thursday each month at 10.30 am. Primarily for those who are bereaved, who live on their own or who are lonely. The emphasis is on companionship and the atmosphere is light and cheerful. Contact Penny Austin on **01494 529596.**

Tiny Tots @ St. Michael's

Tiny Tots @ St. Michael's meets every Thursday in term time from 9.30 - 11.30 am in the North Room. Come for chat, play, craft and refreshments. Included, every second Thursday of the month, will be the Tiny Tots service, a time of fun worship in church. For details contact Helen Peters - **helen.peters@peters-research.com**

August Lectionary



4th : Tenth Sunday after Trinity

Exodus 16: 2-4 & 9-15
Ephesians 4: 1-16
John 6: 24-35

Evensong: Psalm 88
Job 28
Hebrews 11: 17-31

11th: Eleventh Sunday after Trinity

1 Kings 19: 4-8
Ephesians 4:25 - 5:2
John 6: 35 & 41-51
Psalm at 9.00 am: 34: 1-8

Evensong: Psalm 91
Job 39:1 – 40:4
Hebrews 12: 1-17

18th: Twelfth Sunday after Trinity

Proverbs 9: 1-6
Ephesians 5: 15-20
John 6: 51-58

Evensong: Psalm 100
Exodus 2:23 – 3:10
Hebrews 13: 1-15

25th: Thirteenth Sunday after Trinity

Joshua 24: 1-2a & 14-18
Ephesians 6: 10-20
John 6: 56-69
Psalm at 9.00 am: 34: 15-end

Evensong: Psalm 116
Exodus 4:27 – 5:1
Hebrews 13: 16-21

Who's Who at St-Michael & All Angels

Keith Johnson
Vicar

Home: 01494 257569
Mobile: 07772 642393

keiththevicar@gmail.com

Day off: Friday

Helen Peters
Associate Minister

Home: 01494 716772
Mobile: 07792 118357

helen.peters@peters-research.com

Day off: Monday

Parish Office
Administrator: **Lynn Brooks**

Office Hours: Monday, Wednesday, Friday 9.30 am - 12.30 pm

07928 536543
office@hughendenparishchurch.org.uk

Licensed Lay Minister	David Tester	563354	Safeguarding Officer	Roger Grant	07909 960938
Churchwardens	Frank Hawkins	565050	Captain of Bellringers	Verity Nicholls	07952 850760
	Andrew Cole	305020	Church Flowers	Sylvia Clark	562801
Church Notices & Website	Ben Brice	445899	Crèche Rota	Agnes Dodwell	07958 568538
PCC Secretary	Susan Brice	445899	Social & Outreach	Antony Rippon	07747 643270
PCC Treasurer	Brian Morley	528633	Mothers' Union Parish Link	Louise Stallwood	712705
Organist & Choirmaster	Neil Brice	445899	Hughenden Village Hall	–	07815 163269
Servers	Andrew Cole	305020	Friendship Morning	Penny Austin	529596

All numbers are High Wycombe area code (01494) unless otherwise stated.

OUR VISION IS

to know God's love, and to share that love with everyone.

I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge — that you may be filled to the measure of all the fullness of God.

Ephesians 3:16-19

Our aim is that all may know Jesus Christ, become his lifelong followers, and grow into mature members of the Church.

You are the light of the world. A town built on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.

Matthew 5:14-16

Our Church family will actively contribute to the life of our local community. Our Church activities & facilities will be accessible and we will welcome all with warm and generous hospitality.

www.hughendenparishchurch.org.uk