St. Michael & All Angels
CHURCH IN THE PARK | LIVING, LOVING, SERVING

outLook

The magazine for the people of Hughenden Parish | **MAY 2024** | FREE

Hughenden stream in full flow

INSIDE: ***Christian Aid Week*** | My Non-Plastic Journey | **Chiltern Arts Festival**

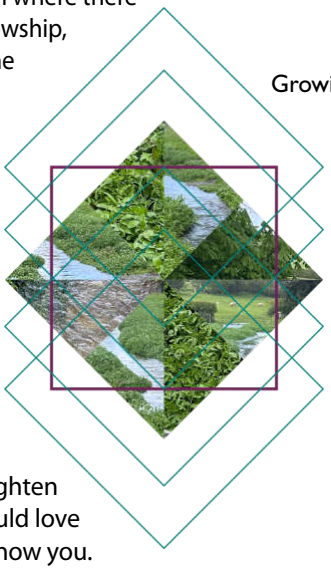
Welcome to **Your Church**

This magazine serves the parish in which our beautiful church of St Michael & All Angels is situated. Outlook aims to give you a flavour of what it is to live in Hughenden and to worship here.

There has been a place of worship and prayer on this site since the 12th century and today the church is open for anyone wishing to wander around or sit a while in its peace. We are an open, welcoming and inclusive church where there are many opportunities for fellowship, social activities and of course the possibility for spiritual growth.

Outlook is published monthly. Articles or comments can be submitted to mag@hughendenparishchurch.org.uk. The deadline is the 15th of the month. If you would like the magazine delivered then please contact Andrew Cole - 01494 305020.

We hope you find something here to interest, inform or enlighten you. We wish you well and would love to have the chance to get to know you.



From the Vicarage **2**

Kevin and Jen Cable Visiting in May! **4**

Christian Aid Week 2024 **6**

The Lord Is Good (2) **8**

My Non-Plastic Journey **10**

Narrowboats **13**
a paean of praise

The Lace Jacket **14**

Growing Hope Board Game Café **17**

For Sale! **18**
A 'moving' poem

Mothers' Union **19**

Just A(nother) Minute **20**

Holy Day in May **21**
Aldhelm, Bishop of Sherborne

Chiltern Arts Festival **22**

Nature Quest **24**

Bookends **26**

May Recipe **28**

From the Potting Shed **30**

What's On at St Michael & All Angels **31**

May Lectionary **32**

Editors *Sylvia Clark, Christopher and Jane Tyrer, Susan Brice*

Design *Ben Brice*

Printing *Andrew Cole, Brian Clark, Roger Grant*

Distribution *Andrew Cole and Team*

Grant us Lord, faith to believe and strength to do thy will

www.hughendenparishchurch.org.uk

Dear Readers

As I write this, the sky is a brilliant blue, but it is still very windy and there have been severe showers today (possibly hail) after three blessed days of warm sunshine, following weeks and weeks of rain.

Mike Hill's timely Nature Quest about rainbows and the joys of dewdrops in the garden reminds us of some of the joys of rain. Indeed, I was sent a photograph of a rainbow over our village, this morning.

The abundance of water has led to or exacerbated pipe and drain problems in Naphill and Hughenden. Our hearts go out to those who have been affected by malfunctioning sewers or water pipes and other problems in the Valley, though it has been uplifting to see the Hughenden stream full, clear and racing along (see front cover).

Whilst the local issues are as nothing compared to some of the problems we pray for in Church, the road works have caused irritation and no doubt a few people being late for appointments. I was however thrilled to have to stop the other day mid traffic light in Naphill to allow Mrs Duck and her (I think) 7 offspring to cross the road.

Christopher and Jane Tyrer
Editors

Written on the day of the amazing *fountainous* leak.

There is a fountain in Naphill
I've seen it clear and plain,
No, not a beauteous sculptural piece: the pipes are cracked again.

Unlike the lake in Stocking Lane,
This shoots into the air,
Damage from other recent work? Or merely wear and tear?

The road is blocked, we can't get through
We have to go right round,
Down the back and right along until the way is found.

I hope they'll fix it properly soon and move the barricades
We want to go on straight to church before the summer fades.

Jane Tyrer

from the Vicarage

Keith Johnson

Vicar

St Michael & All Angels, Hughenden

Soon after we returned from a memorable parish pilgrimage to the Holy Land at the end of February 2020, we began experimenting with recording sermons in church, with a view to posting them up on our website later that year.

Little did we know that within three weeks, our lives as we knew them would change dramatically overnight, as COVID -19 spread, and we were instructed by the then Prime Minister, Boris Johnson, to remain at home wherever possible. Churches closed overnight, as did the vast majority of shops and other businesses, unless they were considered crucial, such as supermarkets.

We found ourselves residing in bubbles and began exploring something called Zoom, to stay in touch with friends and family and to do business virtually.

From the outset Hughenden Church had an online presence, starting with simple services, before getting more ambitious and involving contributions from others, such as pre-recorded bible readings and prayers.

We launched St Michael's @ 10 on a Sunday, and following our online service, we met for virtual coffee and fellowship, in order to maintain a degree of contact with each other for mutual support.

Up and down the country, neighbourhoods became more proactive in setting up WhatsApp groups and other support networks. This became the lifeblood which kept the most vulnerable in our communities well supplied with food,

Hughenden Church

@HughendenChurch · 254 subscribers · 5 videos

St Michael & All Angels, Hughenden Parish Church has been a place of worship since the t... >

hughendenparishchurch.org.uk and 2 more links

Subscribe Home Videos Live Playlists Community

medicine and other essentials. Meanwhile our NHS made us proud with an extraordinary effort to care for the sick and the dying, as well as many other caring and emergency services.

We are now four years on from those dreadful days. However our online presence, through Hughenden Church YouTube channel, is really appreciated by the many who tune in regularly, either live, or at a later date, to share in our Christian worship.

I know that each service gets at least 50 views each week and some many more than that. Some who became virtual worshippers during lockdown then went on to join us in person once restrictions eased and are now part of our church family. Others are not able to be with us in person, either due to illness or mobile challenges, personal circumstances, or a busy life – and if that applies to you, may I say that I very much consider you part of our worshipping community as well!

If you watch us from time to time online, please can I ask you a favour? We would love to hear more feedback from you. How does it feel to watch online? What do you appreciate? How could we improve, adapt or change?

We have excellent cameras in our church, which enable us to produce a good quality presentation. However, we are challenged in a couple of ways – first and foremost the church does not have fibre-optic broadband connection, so that can sometimes affect our quality of streaming – please bear with us. Secondly, there are Sundays when there isn't an online service, and that is because we don't have enough trained operators on our team. Perhaps you might be interested in joining our team. Training is provided. Please have a word with me in the first instance if this is a possibility and I will pass you on to our wonderful media team.

God bless

Get Well Soon Arthur

As most of you will know, at the time of writing, Arthur Johnson, our verger, is still recovering from a fall.

We wish him well for a speedy recovery.

Kevin and Jen Cable
Visiting in May!

Kevin and Jen Cable should need no introduction. We have supported them since they left the UK in 2021 as mission partners with Church Mission Society to minister to the community in and around the Anglican church in Jaffa, Israel. For nearly four years now, we have followed their video and email updates, so they seem very much part of our church family. It then seems strange to say that we have never actually met them in person! That was largely due to COVID (remember those 2020/21 days?)

Well that was soon to change. After the renewal of visas, they were able to leave Israel, and were due in the UK for a short stay, in May, but in fact arrived in mid-April.

4th May *Do come along*

They have a very tight schedule, but we have been able to secure a visit to us on the morning of Saturday, 4th May. They will speak at the Men's Breakfast that day. Immediately following that, from 10.30 am, we will host them for a "Coffee, Cake, and Cables" coffee morning in Church House, so that anyone can meet them. We envisage that they will give a short presentation on their work during that coffee morning, around 11.15 am. Please come along to meet them and hear about their work.

Pray

Give thanks that, on 15th April, only a couple of days after the Iranian missile attack on Israel, Kevin and Jen safely arrived in the UK. Kevin had unspecified surgery only a week before they travelled. So please do pray for his recovery and that they can receive the love and support that they surely need after three, quite trying, years out there. Do also please pray for peace in the Middle East and for wisdom for all leaders involved.

Support

There is one other thing that you might be able to do for Kevin and Jen right now. Along with around a third of CMS mission partners, they are suffering a significant shortfall in the funding needed to sustain them in their ministry. This is partly due to the huge rise in the cost of living in Israel. (Prices there are among the highest in any OECD country.) As a church we have increased our support to them significantly already from the start of the year. If you personally support them already, please could you increase your contribution too? If you don't support them yet, but would like to, then now is a good time to start. Please visit the website below to do that. If you need help, advice or further information, please speak to David or Charlotte Tester. Thank you and see you on 4th May!

Mission Support Group

www.churchmissionsociety.org/people-in-mission/jennifer-and-kevin-cable-israel-palestine

CHURCH MISSION SOCIETY

christian aid week

12-18 MAY

Christian Aid exists to create a world where everyone can live a full life, free from poverty. For 75 years they have been working alongside people of all faiths and of no faith to address the root causes of poverty and eradicate injustice and inequality. They support millions of people experiencing such hardships and those affected by humanitarian emergencies in Africa, Asia, Europe, the Middle East, Latin America and the Caribbean.

Thanks to their Middle East Crisis Appeal, launched at the end of last year, Christian Aid has enabled a local partner organisation to reach over 430,000 people staying in non-UN shelters and with overcrowded host families. They have distributed drinking water, food packages including vegetables and dried goods and essentials like nappies and hygiene kits. They have also designed and built bathrooms and temporary shelters to house thousands of displaced people.

In developing countries around the world, Christian Aid has funded programmes to help farmers diversify their livelihoods, improve the resilience of their farming methodology and to learn new techniques to cope with the challenges of climate change.

Christian Aid believes that love, justice, dignity and equality are at the heart of the Christian faith, a faith that fuels the belief that a just world is possible: a world where resources are shared fairly, where climate and environment are protected, where peace is sustained, where no one is left behind when disaster strikes, where human rights are defended and where equality is achieved.

The first Christian Aid Week was held in 1957, to raise public awareness of the

charity's work and has continued ever since. This year it will run from 12th - 18th May. So how can we help Christian Aid continue working towards the goal of a just world?

We can give to support their work, we can campaign with them, and we can pray in faith that God will use their actions to bring about justice and dignity for all.

Visit Christian Aid's website **www.christianaid.org.uk** to make a donation, sign up for regular news about their work or to download the latest campaign resources. There will also be some envelopes available in church for those who are unable to donate online.

Every pound donated, every action taken, every prayer for justice brings us closer to a world free from extreme poverty and injustice.

Mission Support Group

Aline is pushing back against **poverty.**

Abused, homeless and hungry, Aline was on the brink of survival in Burundi.

But she transformed her life with a little help from Christian Aid, and secured a vital income and a home for her and her children.

Push back against the inhumanity of poverty this Christian Aid Week.

Donate today.

7 days, so many ways to make a difference

Donate at www.caweek.org

The Lord Is Good 2

And so, the season turns - spring in all its fresh promise is here.

With that, of course, comes the annual rush to find and make fresh homes and nests and animals, insects and birds are all very busily doing their thing. Genesis 8:22 seems to be built into the very fabric of creation itself!

That's not to say that there is a status quo from year to year, far from it: we have lost many species that once were obvious and common - or at least seemed that way not long ago. Red backed shrikes were everywhere when I was a boy and now no longer breed in the UK, cirl bunting in West Wycombe, stone curlew near Stokenchurch, nightingale close to Maidenhead, all gone with many other declines. Yet, now, I always see at least one red kite somewhere overhead in our area, blackcaps and chiff-chaffs, once totally migratory, now overwinter in increasing numbers. Firecrests, our smallest British bird, are now widespread across the south of the UK whilst colonisation of long-legged marsh birds continues: little, great white and cattle egrets, spoonbills, glossy ibis, white storks and others are settling here. And, of course, the perpetual moaners - fishermen are whittling on about cormorants breeding inland in greater numbers than grey herons. Times are definitely changing.

I can almost hear our Lord God chuckling - we constantly change things ourselves by 'development' a euphemism in my eyes for helping ourselves to 'unused' or 'waste' land and yet we expect no reaction from the wider environment.

But nature itself within God's promise of constant springtime and harvest shuffles and moves things around in ways that baffle even the cleverest of us.

I think all this as I stand on our allotment. I watch the first bumblebees, butterflies, frogs all enjoying being alive.

In one hand I have what appears to be grit, but here is God's promise to sustain and feed us: seeds. Since the 1950s man has understood what DNA is and how it underlies all earthly life. How is it described? As words! Read the first chapters of the Bible and see how creation is the manifestation of God's words.

So, I stand with a handful of seeds, tomorrow's food, knowing that I have one of His promises right there.

It's as if I could hear His words echoing from the beginning of time …

I stand in awe.

Mike Bevan

A Big Thank You

To everyone - Church family, friends, colleagues, neighbours - oh so many people (well I hope it's so many people, given what has been donated!) who have come up trumps and begged, borrowed or stolen bras for the collection for Against Breast Cancer. Hughenden Church never ceases to amaze me about their willingness to do something for a worthy cause, and this time was no exception. Friends and neighbours have been relieved of their unwanted underwear. You've asked families, work colleagues, social contacts, and no doubt a few of you will have had some funny looks when asking the question!

Despite saying I would only collect for two Sundays you've kept me on my toes and the donations are still trickling in. That is not a hint for you to keep bringing them! Save them up for me and maybe I'll do another collection in the autumn when we're all sorting out our winter wear.

I know Against Breast Cancer will be truly grateful for your generosity of bra, time and spirit. And me - well, I'm blown away by your response. Thank you.

Lin Smit

my non-plastic journey

About 5-6 years ago I decided I wanted to do my bit for the environment or at the very least a bit more, but I just wasn't sure where to start. I thought that one of the easiest things I could do was reduce the amount of plastic that came through our house.

We were already using reusable fabric shopping bags and some mesh bags for gathering loose veg, however, one of the first new things we did was get milk delivered to the door in glass bottles instead of buying it weekly from the supermarket.

The next easy swap was to change from liquid soap to bars of soap, I had previously considered bars of soap as "old fashioned" and isn't liquid soap more hygienic… but in reality, the family have said that their hands just feel "cleaner" and no it's not less hygienic, soap is soap and it is "rinsed" every time as you use it!

After the success of the hand soap swap, someone told me about shampoo and conditioner bars – who knew! I tried a couple of different makes before I found ones that I liked the most. It can sometimes take two or three washes before you see the difference, but even my husband has been converted! I would never go back to bottled shampoo or conditioner. I buy all my bars online from small companies who don't use palm oil. I like to support small businesses.

I really had the bug now! Next was cleaning products. I had already made my own surface cleaner in the kitchen after we had had a new kitchen some years earlier and I was told not to use shop-bought products on the granite. The granite company recommended that all I needed was half a bottle of water and a squeeze of washing up liquid, but I found that it went "off" after a week or so. After some research online, my current "recipe" is ½ bottle of tap water, a squeeze of washing up liquid, about 50ml of white vinegar and about 20-30 drops of essential oil - my favourite is lavender as it also has natural antibacterial properties, but you could use anything you like.

I read somewhere that shop bought cleaning products are essentially 75% plain tap water, about 15% working product/ chemicals and the last 10% is preservatives and perfumes to mask the chemical smell! Add to that the single use plastic bottle it all comes in, then why would you buy what is essentially a bottle of water, when you could make your own for cheaper and it does exactly the same thing?! I feel strongly that manufacturers almost blind us with mock-science and buzz words to convince us that these expensive and artificial chemical products are the only way when they are absolutely not the only way. Our parents/grandparents/great grandparents and beyond cleaned perfectly well with simple and natural products, making the most of white vinegar, soda crystals, hot water and soap!

But back to my non-plastic journey. When I came to the end of a bottle of bathroom bath/sink/surface cleaner, it took me a minute to realise that my homemade kitchen cleaner would work equally well in the bathroom – and it does! I often use different essential oils in there, perhaps peppermint, orange or lemon etc.

By then I was running out of cleaning products to swap out, so I went to foods. Where I can I choose glass instead of plastic e.g. Ketchup, mayonnaise etc. I actively avoid buying foods that have more plastic e.g. pre-packed fruits, veg, cheese, even meat or fish – you can decline the plastic.

I had inherited a yoghurt maker when my mum went into a nursing home some years ago, which I had never used, but I thought I'd give it a go … it's incredibly simple! My yoghurt maker takes two pint bottles of milk (glass of course!), one little pot of natural yoghurt to use as a "starter", also from the milk man – yes I know it is a plastic tub but is much better to recycle that than the large plastic tub of shop bought yoghurt or worse the individual yoghurts, so I now just buy that one little pot and the lid is foil and not plastic and that is recyclable too! My yoghurt is made overnight, so in the morning I can either put it in the fridge as it is, or usually I strain it for an hour or so through muslin to remove a lot of the whey and it becomes Greek Yoghurt – if you want, you can keep the whey to use in your cooking too!

When I buy new make up or toiletries, I'm always looking for glass first e.g. foundation, moisturisers etc. In our home office I have swapped plastic Sellotape for paper sticky tape. At Christmas and birthdays, I avoid tape altogether by using fabric to wrap gifts (and keep and reuse) and string/ribbon, which I also keep and reuse.

Most recently we have swapped from toothpaste in tubes to tooth tablets (we buy them with fluoride) and we have swapped liquid washing machine detergent, which I used to get as a refill from Pantry At 51 in Prestwood, (they do other refills too) but now we use washing sheets, which have been very successful. Again, I have tried several options before I found the one that suited my needs best. I haven't used fabric softener in

many years at all, firstly because it comes in a plastic bottle of course, but also because I just didn't like the idea of all those chemicals and I felt that most of it just went down the drain anyway, so what a waste of my money! I now enjoy the smell of simply clean clothes, and if I want an additional perfume, then I spritz myself … from a glass bottle of course!

Any plastic I do end up having is mostly soft plastic now, which I collect, usually in one of those plastic postage "garment" bags and then I take it to one of the supermarkets and give it them back!

It is just about awareness. I have been on my journey for quite a while now and I am still coming up with more eco-friendly options to everything, not just plastic. No one is expected to throw out all their plastic in one go, fit solar panels, drive an electric car and become vegetarian or vegan straight away, but when you put a plastic container in the recycling, or a single use plastic bag in the bin (or preferably collect it to be returned) consider if there is a better version of that item that you can get instead. The more you change, the more you see that you CAN change and to borrow a now famous saying … every little helps!

It is a learning curve for all of us. There are some amazingly helpful websites and groups online, not least our very own Hughenden Climate Group on Facebook, ask questions, share your knowledge, even join the group and help to make a change.

Rowena Card
Hughenden Valley Climate Group

Narrowboats - *a paean of praise*

Have you ever considered narrow boating on one of our canals? The 18th and 19th century spider web of routes crossing the country was, of course, initially provided to convey materials that otherwise had to be taken by road – such as coal, China clay and delicate items - that risked damage over rough road surfaces or were too inconvenient to convey overland. Now increasingly restored, the network of 2,000 miles of waterways is maintained by the River and Canal Trust and a number of excellent boatyards offer breaks on narrowboats to the discerning hardy.

In a rash moment, I suggested to our two grandsons, aged 12 and 10, that they might like to embark, with their parents, on a trip on the Kennet and Avon canal – a route that I have traversed many times. The canal runs from Reading to Bristol and includes one of the spectacular examples of canal engineering at the Caen Hill Locks, a flight of 29 intertwining locks, between Rowde and Devizes in Wiltshire. The seasoned veteran can navigate the flight in between 5 and 6 hours.

What better way to exhaust a couple of spirited youngsters? Well, no, actually, not the flight of locks as there were the adults to consider. So, we hired a 69 foot three cabined monster from Hilperton marina for five days and headed downstream towards Bristol. We were somewhat hampered by the effects of the weather over the past few weeks, with the consequence that the River Avon was running at a pace inimical to craft traversing. The canal was closed at Bath, where it joins the Avon.

Nonetheless, our two grandsons learned all about navigating narrow canal stretches, locks, swing bridges that got stuck, sunken craft and manning the craft in all weathers (well, rain, puddles and mud on land mostly) as well as dealing with other narrow boaters who, unwisely but in ignorance, chose the same week as ourselves to take a boat out. But there are compensations: the scenery is stunning: two aqueducts (the Avoncliffe and the Dundas) are a fascinating reminder of the engineering feats of the past. Then there are the pubs and restaurants: some, sadly, have closed but Bradford on Avon boasts excellent Indian and Thai eateries and Batheaston, just east of Bath proper, also boasts two restaurants – one excellent, the other less so. But the beer was most acceptable as was the friendliness of the service.

Nobody fell in despite routine breaches of discipline: "you must wear your lifejacket at all times outside;" "do not run on the roof or on the sides of the boat – only go through the cabins;" "remember to duck" – and so on. Another trip next year? Judgement is reserved …

Christopher Tyrer

The Lace Jacket

A lady I met on an art course at Missenden Abbey had brought in a very old lace jacket. It was exquisite. She really didn't know anything about its history and over coffee we made up a few possible scenarios. I said that the jacket deserved a story and I would write one and send it to her. A few weeks later, flying over the Atlantic, I had the space and time to do so. This is the imagined provenance.

There had always been lacemakers in our village near Nottingham and my sister Edith and I had learnt from an early age and, well, it was just part of our lives really. We knew all about bobbins and we had our own lace pillows. We soon realised that it could also give us a little independence because people loved the things we made. I have to say though that Edith was more skilled than me. It was nothing to do with her being two years older, it was simply that her fingers seemed to know what to do. Her work was neat and even and used the most complicated patterns.

One Christmas both of us girls were invited to stay with our Aunt Nellie in London. She had a nice house in Ealing and was definitely better off than our side of the family. We knew there would be a big party and so we packed our nicest clothes. Mother was very kind and sent us off with a few little gifts for ourselves and some lace doilies specially for Nellie. Just before we closed up our bags, my mouth dropped open as Edith went to the chest that we shared, opened her drawer and carefully lifted out the most beautiful lace jacket. She had worked on it each evening and planned to wear it at the Christmas party. I said nothing. It was the prettiest thing I had ever seen and I wanted it with all my

heart. Edith was a kind big sister and seeing my face she understood immediately what I was feeling. “Dora," she said gently, "I'll make you one ready for next Christmas, I promise".

When our train arrived in London there was Aunt Nellie to meet us, full of smiles and hugs and questions. We were so excited to be there. Nellie had lots of plans for our stay and she told us she would show us where the new King's coronation had taken place the previous summer. I had seen a picture in a souvenir magazine and I thought his Queen looked pretty. She was called Mary, which was also our mother's name, and, well, we didn't really mind if she was a bit foreign. The royals do things differently to us ordinary folk.

Anyway, the Christmas party was like nothing we'd ever been to before, I will always remember the candles, the lovely food and, oh my goodness, the Christmas tree. We had never had anything like that in our house, in all our years. Edith's lace jacket was much admired by all Nellie's guests. A few weeks later she surprised us by saying that one of her rich acquaintances, a Mr Drummond, was interested in employing us in his workshop, Nottingham lace apparently was all the fashion. I know they really just wanted Edith but I think they realised she might want her sister with her.

So, very quickly we were set up in an upstairs room of Aunt Nellie's house; not quite as high up as the maids! Quickly we became used to London ways, we began to feel settled and enjoyed having a little more money.

We weren’t prepared for what happened next. There had been some quiet, muttered conversations but we had no idea they involved us. Then after dinner one night we were called into the parlour, Aunt Nellie was there and Mr and Mrs Drummond; I remembered them from the Christmas party.

"There is an opportunity," they said. " The chance of a lifetime," they said, but only for one of us. Only for Edith at the moment. We could not imagine what they were talking about. I'm not sure if we were scared or excited. Many people had been moving to America, they said. People with excellent tailoring and dressmaking skills. And lacemaking. It seemed that they had business over there and wanted to build up their clothing trade. It was fine, skilled work. They were so impressed with the quality of Edith's work that they wanted her to go to New York and lead a lacemaking workshop. They would pay for the journey and all expenses. They felt I was a bit too young. "Maybe in a couple of years’ time," they said.

Neither of us spoke and I didn't admit that I wasn't truly sure where New York was. Then Edith found her voice and asked if we could go to our room to talk for a while. Aunt Nellie said that of course we could, although the way she raised her eyebrows told us both what she thought our answer should be. She poured her guests some more Madeira wine and we left the room. Once we had closed our door we hugged and cried and some more. We did, however, know that Edith was going. We travelled home to tell Mother of these momentous events and then one day, unbelievably, Nellie came with us to Waterloo as we caught the train to Southampton. Edith had insisted that I went with her to see her onto the boat and say goodbye. We didn't talk much on the train and I wasn't really sure how Edith was feeling.

All too soon I couldn't go any further. My sister showed the ticket for her journey on this huge ship and I was left at the bottom of the gang plank. Just before she turned to begin her new life, Edith opened her bag, took out a carefully wrapped parcel and pushed it into my hands. I promised I'd make you one for Christmas but now maybe I won't have time." I knew she was giving me her lace jacket and I smiled at her my tears. "I'll take care of it," I said.

"Enjoy it," she replied, "you will look lovely."

A while later I waved a white, lacy handkerchief as the ship set sail for New York. The Titanic was on its way.

Susan Brice

GROWING HOPE INVITES YOU TO A

BOARD GAME CAFE

Thursday 30th May - St James Church, Downley
Afternoon 2-4pm | Evening 6-10pm

Games for ALL ages will be available

£5 Suggested donation per person
Drinks and cakes available

Over 70 Board Games

Growing Hope is a national charity, set up to provide free therapies for children with additional needs, who would otherwise face long NHS waiting lists. The High Wycombe clinic was the third one to be established, following two in London, and there is now a fourth in Gateshead. Plans are underway to set up several more in different parts of the country.

Based at St James' Church, the High Wycombe clinic has grown in the two years since it was established. Rosalyn is the clinic manager and speech and language therapist, Sophie is an occupational therapist, while Louise provides music therapy, and Alley art therapy. They are all kept very busy, as there is great need for their services.

Growing Hope also aims to support the whole family of children with additional needs, running groups for parents and for siblings. They aim to positively impact as many children and families as possible across the country, helping families to know their value and to experience hope when things are difficult.

So, here's a chance to support a very worthwhile cause while having a good time.

Charlotte Tester

Growing HOPE High Wycombe

For Sale!

Our house is on the market
We've got to keep it clean!
I've dusted in the corners and sprayed with Mr Sheen!
I'm an untidy person
And so, I fear, is Chris
Some of the mess is mine, but most of it is his.

His ancient trains went off for sale: to raise a pretty penny
We watched the bids come in on-line,
But really not that many!

We open drawers and find inside
What children made at school
The pottery, cards and other gifts,
We'll keep them as a rule.

We've put away some photographs
So many family pictures!
Depersonalise! our daughter cried
We're obeying all her strictures.

The children's toys now thrown away
We'd had since they were small
That's made some space I'm glad to say
In the cupboard in the hall.

We given things to charities
And some up to the tip
And still there's lots of junk to clear
Might have to get a skip.

I seem to have a lot of forks
For gardening - and trowels
And loads of bedding we don't need
And piles of needless towels.

Do we need so many mugs?
I'm never really sure.
I'll push them in and stack them up
And bang the cupboard door

I've tidied all I can today
Might sit and read my book
Or perhaps I'll try to write a verse to put in May's Outlook

Jane (fed up with tidying) Tyrer

Mothers' Union

'Fur, Feathers and Fins - All Creatures Great and Small', was the title of the wonderful talk given by Alan Jaycock, illustrated by his fabulous photographs.

Many of the extraordinary photos were taken at two places which protect endangered animals. Port Lympne Wild Life Park in Kent rears endangered species such as Mountain Gorillas so they can be put back to the wild in Central Africa. The Park also houses some Scottish wild cats - said to be the most vicious of all cats for its size. The Big Cat Centre (also in Kent) has lions, tigers, and leopards and many others that are endangered in the wild.

The feathers section of the talk was represented by fantastic photographs taken in the Farne Islands, where sadly many birds were lost last year due to bird flu.

Arctic Terns migrate annually as far as the Antarctic and these feisty birds are very protective of their area and, as Alan pointed out, a hat is a must as a guard against being dive bombed. Other photos were of guillemots and of course the much-loved puffin.

On to fins. A particularly wonderful shot was of an Osprey diving in for a catch. Others included dolphins seen from The Wild Life Survey boat off the West Coast of Scotland.

Many thanks to Alan for such an interesting talk and some stunning photographs - it makes us realise how much we need to be aware of and look after all God's creatures both great and small.

Our next meeting is on Tuesday 4th June at 2.00 pm, to which everyone is welcome. Our speaker will be Dr Dorothy Moore -Brooks from Great Ormond Street Hospital.

Sara Badrick

Just A(nother) Minute

I wonder if there are others like me, who are lapsed listeners of Radio 4's "Just A Minute" programme? There surely can be few readers who have never listened to an episode of the show. On one viewpoint it is a glorified parlour game, but it is the simplicity of the concept, together with the skill and imagination of the participants that elevates it above the norm. Speaking for 60 seconds, without preparation, on a random subject without hesitation, deviation or repetition may seem straightforward, but in reality, even professional orators will get tongue-tied or fall into verbal traps.

I had been a huge fan of the programme in the past, often timing my departure from work on a Monday evening in order to be in the car between 6.30 and 7.00 pm so I could listen to the panel's badinage on my journey home. However, 2020 saw the sad departure, at the age of 96 and after no less than 52 years in the chair, of the estimable Nicholas Parsons. This was followed by a series of episodes of decidedly mixed quality recorded during the pandemic featuring a series of hosts auditioning for Nicholas's role. With the live audience also missing, the show seemed to have lost its way, and many queried whether it could continue without its figurehead.

With Paul Merton, Stephen Fry and Gyles Brandreth amongst those to guest present, Sue Perkins was not perhaps the obvious choice as new host. Indeed, Gyles felt it necessary to write an article to reassure readers of the Daily Telegraph. He insisted that he was too much of a "plummy-voiced bloke" for the job in the modern world and that the programme "needed a change". This was unlikely to be music to the ears of those of a conservative disposition concerned that this was another "woke" decision by the dastardly progressive BBC.

On the other hand, Gyles Brandreth also said that Sue Perkins would be a brilliant host. And the undeniable truth is that she has proved him right. Smart but not smug, controlling matters with a light touch and proving to be amusingly sympathetic to new players and teasingly respectful to the legends of the game in equal measures. Pleasingly, she manages to include nods to Nicholas (such as his eagerness to allow players the benefit of the doubt whenever possible) whilst also imparting her own personality and tone.

The show is made of course by the panellists. The best shows are those with two of Merton, Brandreth and Hancock. Listen to Gyles talking for a minute on "Orienteering" without mentioning running, map or compass. Or Paul causing absolute hilarity by simply repeating the same pun on the most banal word. Further fun can be had from competitive second tier

players such as Josie Lawrence or Tony Hawks trying manfully to match such standards. One of the delights of the programme is hearing beginners realising how tough the challenge can actually be, while others generously support them. As an example, try listening to Sue in the most recent series trying heroically to get debutant, Eshaan Akbar, through 60 seconds on "mouse mats".

So, if you have not been listening in recent times, I would recommend a swift visit to BBC Sounds. All 38 of the episodes hosted by Sue are available, together with the 10 guest presenter shows and (in order to compare and contrast), Perkins' final appearance as a panellist. There is also a second chance to hear Nicholas in the chair, this time from 1976 with a young and demure Sheila Hancock and a rather rude (but funny) Kenneth Williams. But for perhaps the finest ever performance, you have to go to YouTube to listen to David Tennant on "Exit, pursued by a bear". Perfection!

Lyall Thompson

Holy Day in **May**

25th May – Aldhelm, unconventional Bishop of Sherborne

Aldhelm is the saint for you if you are intelligent but unconventional. Aldhelm was born in 640, into a family closely related to Ine, the King of Wessex. Educated at the monastic community in Malmesbury in Wiltshire, he went for further study in Canterbury. He proved a brilliant student and was sent back to Malmesbury as Abbot.

So far, so good. Aldhelm even demonstrated a great talent for administration, and helped with the reforms of Archbishop Theodore, who was trying to sort out the considerable confusion that the church had fallen into.

But Aldhelm also had his 'funny ways'. Towards other men of education, he wrote scholarly letters that were so full of similes and metaphors as to be incomprehensible. He also wrote highly complex riddles on biblical themes.

Aldhelm went to the other extreme when trying to communicate with the poor and illiterate. He wrote hymns and sang them to the people while strumming on a harp. He would begin preaching a sermon, and then break off to clown around and sing bits of songs to the people. Today we might say that he sensed the need to grab an audience's attention. Aldhelm said simply that he wanted to "win men's ears, and then their souls."

His good intentions must also have won the goodwill of the Archbishop, because in 705 Aldhelm was appointed first Bishop of Sherborne.

From the Parish Pump

CHILTERN ARTS FESTIVAL 2024 10TH - 17TH MAY : HUMAN STORIES

It's that special time again: when the Chiltern Arts Festival brings to the Chilterns and South Bucks world class performers of well-known and lesser-known music: something for everyone and in our locality.

This year's programme looks at how we can use music and different art forms to help us bring stories to life: how we tell stories through different art forms. Music includes choral works, chamber ensembles and string quartets, performed by duos to quintets, some solo artists, alongside poetry, literature and film. It promises to be another excellent year.

Christopher Tyrer

Henley-On-Thames

Friday 10th May:

2.00 pm Afternoon tea on the Thames with Roger McGough, the President of the Poetry Society: on the New Orleans at Henley.

7.30 pm Concert at St Mary's Church, Henley, with ***City Soundscapes***, with works by Debussy, Gershwin and Bach, with contemporary arrangements by Iain Farrington and Joseph Phibbs.

Saturday 11th May:

11.00 am concert at St Mary's Church, Henley. The ***Brompton String Quartet*** performs Haydn's Op. 33 No. 3 String Quartet in C Major and Mozart's "Dissonance" Quartet K.465.

12.30 pm Chiltern Arts Festival Chorus Workshop: Fauré Requiem with Owain Park: booking for this is now closed.

3.00 pm concert at Holy Trinity Church, Henley, "Dances Through Time" with the ***Natrio Trumpet Trio***, with classical and modern trumpet works as well as new arrangements.

7.30 pm at St Mary's Church, Henley, the ***Guesualdo Six*** will present their "Queen of Hearts" programme and then, in the second half of the concert, the Chiltern Arts Festival Chorus will perform the Fauré Requiem.

The Risboroughs

Sunday 12th May: **3.00 pm** in Holy Trinity Church, Bledlow, ***Samuel Ng*** on theorbo and ***Katrina Watt*** on viola da gamba perform French Fables and Music, French baroque music paired with the fables of Jean de la Fontaine.

5.00 pm in the Brushwood Suite, Princes Risborough, a film screening, featuring Isata Kenneh-Mason, about Fanny (the other) Mendelssohn, which highlights the Easter Sonata, first recorded in 1971, presumed to be the work of Felix and, in fact was by Fanny, whose music is now getting the recognition it deserves.

7.30 pm in St Mary's Church, Princes Risborough, ***James Runcie*** will talk about his latest novel, "The Great Passion", based upon the true events concerning Stefan Silbermann, sent to study in Leipzig under J.S. Bach. ***Fenella Humphreys*** will perform selected solo works for violin by Bach.

Monday 13th May: **10.30 am** a Whiteleaf Woodland Walk, with local rambler and horticulturalist ***Dr Kaye Lillicrop***. Starting from the Whiteleaf Cross Car Park , the walk will cover 3 miles in about 2 hours. Pauses for poetry and readings to reflect on how our own lives mirror and entwine with the natural world.

3.00 pm in Miya Restaurant, Princes Risborough, "How Shostakovich changed my mind" sees author ***Stephen Johnson***, author, composer and BBC broadcaster will reflect upon the composer and the power of his music during Stalin's reign of terror.

7.30 pm in St Dunstan's Church, Monks Risborough, the ***Carducci String Quartet***, with Anton Lesser, will perform a concert of his string quartets and extracts of his letters.

Hughenden

Thursday 16th May: **2.00 pm** at Church House, St Michael & All Angels, Hughenden, ***Cathi Rae***, will provide a workshop of poetry, including her own life's journey, with tea and conversation.

6.00 pm at St Michael & All Angels, Hughenden, the ***Alinde Wind Quintet***, will perform Czech music by Dvorak, Janacek and Haas, accompanied by Czech snacks at the back of church.

Marlow

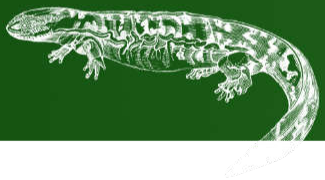
Friday 17th May: **7.30 pm** at All Saints, Church, Marlow, ***I Fagiolini*** will perform Benevoli's Mass for Four Choirs, with Giacomo Carissimi's oratorio "Jeptha" and works by Montiverdi. A special finale to the Festival.

Nature Quest

"Turn your back to the sun if you want to look for a rainbow!" was my advice to a grandchild on a sunny/ showery day, when one might hope to see that most glorious feature of our skies. This country has the privilege of more rainbows than most places on earth. We're at mid-latitudes with a regular weather pattern of bands of rain from the Atlantic. Rainbows need sun and rain at the same time, so long wet periods are no good, any more than dry days. Showers are best, and showers are most common in afternoons. The most spectacular are against the dark clouds of a thunderstorm. So a typical heavy shower has passed over us from west to east and, with the sun behind us fairly low in the west, we see a huge rainbow (and maybe a secondary one) against the receding storm in the east. Remember the one after our Community Day in 2019?

The clearest sharpest rainbows come from the largest raindrops (up to about 6mm diameter): the sort that we used to call half-crown raindrops when they splatted onto a dry patio. Smaller raindrops give fuzzier less-colourful rainbows. It's possible in fog, though I've never seen one, to have a fogbow, the

NQ Challenge



This month is a bigger challenge! Look for something that swims (under the water, not ducks on the surface!). Maybe in your friend's aquarium, maybe in the murky waters of the Thames, maybe tiny bugs in some dirty puddle. Would you know the name of your swimming creature? Praise The Creator who knows their names and all about them.

same shape as a rainbow, but fuzzy and without separate colours.

I once saw an entirely red rainbow. The sun was just setting like a fiery red ball, so the rainbow lacked its usual green, blue, indigo and violet colours. Whatever the colour, or sharpness, or whether complete, or with its secondary or not, there is always something wonderful and amazing about rainbows.

Surface tension acts like a skin around every water droplet, holding it together, and keeping its perfect spherical shape. In dry air the water evaporates from the "skin" and the droplet shrinks. In damp air water condenses onto the droplet and it grows larger, but surface tension maintains that perfect shape. Above about 6mm diameter, it becomes too heavy for the surface tension to hold it together and it falls apart into smaller perfect spheres.

Have you lain on your back in the sunshine gazing at high clouds changing shape? Wisps disappearing, or edges fattening? Water droplets evaporating eventually into their separate invisible molecules, or invisible molecules condensing together to form visible droplets, billions of them in the clouds we admire from afar.

Closer at hand, the early morning dew arrives as droplets glistening in the sunshine. (Spectacular on spiders webs, though that's more in autumn than May.) If you look at your lawn at just the right angle, there is the dew-bow, the rainbow colours sparkling in the grass. Of course it soon evaporates. Perhaps it's the temporary ephemeral nature of rainbows (like sunsets) that makes them special for us.

If you water the garden in bright sunshine (I'm sure you're not supposed to do that,) you can generate your own rainbow for as long as you like. Try the different spray settings and see which give sharpest rainbows. If your grand estate has a decent fountain, you'll surely have your own rainbow. And if your holiday budget runs to Niagara or Victoria Falls, you can find your rainbow in the sprayed-up mist.

I think my favourite is to follow a juggernaut down the motorway and catch the rainbow in the spray from its back wheels: such unexpected beauty in the harsh man-made environment.

Mike Hill
nature@hughendenparishchurch.org.uk

BOOK-ENDS

There was a time, many years ago now, when I was quite an authority on children's books. I read widely and voraciously, led reading groups to extend the stamina, experience and variety of children's reading and mentored those who were ready to move onto adult literature. Writers that I used included Penelope Lively, John Rowe Townsend, Rosemary Sutcliff, Lucy Boston, Barbara Willard and Henry Treece. Jill Paton Walsh was a particular favourite, writing about the Second World War: 'Fireweed' about the blitz and 'Dolphin Crossing' about the Dunkirk rescue. They are both still a good read today. The author was feted as a children's writer but never quite made the same grade as a writer for adults, with the exception of 'Knowledge of Angels' which was short listed for the Booker.

Apropos of some book search I was doing recently, I came across her name again and discovered a tranche of books of which I had never heard. There are 4 detective novels, which are a total delight: 1. The Wyndham Case 2. A Piece of Justice 3. Debts of Dishonour 4. The Bad Quarto. Our heroine, an amateur sleuth of sorts, is Imogen Quy, the nurse of an imagined Cambridge University college: St. Agatha's. Quy rhymes with why and is also apparently an area on the outskirts of the city.

An academic setting is a favourite for a particular genre of English detective stories, as is having a friend within the police force. These books tick both boxes. Imogen is a carefully drawn character, single and in her thirties. She was studying medicine at Cambridge, threw it all up to follow a boyfriend to America, returned heartbroken when he deserted her and found she had lost the will to resume her studies. She became a nurse, inherited a house in the Newnham area of Cambridge and settled happily, but maybe a little staidly, to her single life.

When various adventures land on her doorstep she uses her intelligence, particularly the emotional sort, to untangle the webs that people so often weave, powered by jealousy, greed and the desire to control others. College culture is

particular and is often described by those who have experienced it as a bubble. You live within certain rules and traditions which are unknown (and would frequently be derided) by those outside the college gates. In these very well written stories, it is obvious that the author had an intimate knowledge of college life and also of the geography of the city of Cambridge.

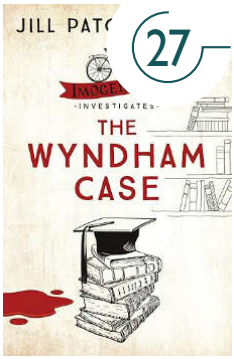
So what creates conundrums for Imogen to solve is when that bubble is popped, or in danger of being so. (I won't take that metaphor any further!) Sometimes it is a missing person, or maybe college funds that appear to be draining quickly and without explanation or a romantic entanglement that turns bad. These are not the bloody and gory sort of detective novel (although there is murder involved) but far more in the style of Susan Hill and Elly Griffiths where characterisation is to the fore. I could easily have coffee and a croissant with Imogen in the little artisan coffee shop near Newnham Croft. She makes quilts too, in between helping to solve crimes. As do I…the quilts, not the crimes. I am getting carried away and yes, I really do know Imogen does not exist beyond the printed page but still, so much to enjoy.

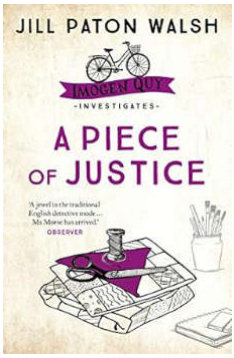
Then, whilst trailing through this newly found seam of information about Jill Paton Walsh, I realised there was more. Do you remember Lord Peter Wimsey, the amateur detective creation of Dorothy L. Sayers? To me, Wimsey is synonymous with the actor Ian Carmichael who played him in long running serialisations on Radio 4 and also on television. Although a confirmed son of Hull, Ian Carmichael portrayed an old Etonian, Oxbridge educated aristocrat to perfection, all contemporaneously set in the 1920s and 30s. Dorothy L Sayers died leaving some bare bones of the novel 'Thrones, Dominations' and years later literary trustees of her estate asked Jill Paton Walsh to write this book. This she did and then there are further books which are attributed to both authors until in the end Jill Paton Walsh is offered the opportunity to write her own stories using the character of Wimsey. It is an interesting sequence of events. I haven't read any of these yet but I fully intend to. I love these hidden pathways that a little research leads me down.

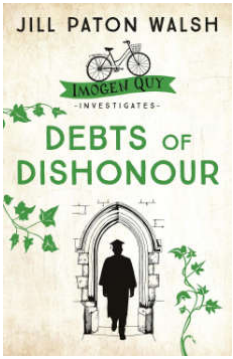
All the books I have written about are still in print but are also available cheaply from Amazon second hand, or from Biblio.

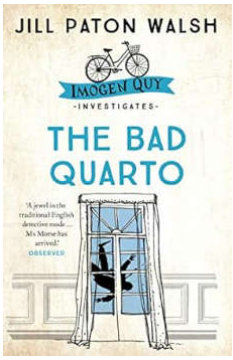
Happy Reading; so much fun!

Susan Brice









May Recipe

On Easter Monday we were staying in Folkstone with family, Roger went to the town with our son and came back with half price lamb as some supermarkets had reduced the cost (no names)! We don't eat a lot of meat in our house but do love lamb and it is normally so expensive. So the next day I rushed down and bought 4 legs of lamb! I took them home and set about boning them and preparing for the freezer, it nearly turned me vegetarian in the process but you can get the butcher to do this for you!

Everyone who comes for dinner now will be having lamb! This week I made Ashkenazi lamb for friends, which is from Nigella Lawson's Feast book. It was delicious and everyone wanted the recipe. Just a note that you could easily do this with shoulder of lamb as well, and alter the stuffing as you please with different veg or herbs/spices. It can also be prepared completely in advance ready to put in the oven in time for your meal.

Julia Grant

Ashkenazi Roast Lamb

INGREDIENTS

1 boned leg of lamb

250ml water

Juice and zest of a lemon

3 bay leaves

2 sprigs of rosemary

1 onion

3 carrots

For stuffing

1 onion

2 cloves of garlic

1 stick of celery

1 sprig of rosemary

250g mushrooms

60ml olive oil

1 tsp ginger

¼ tsp nutmeg

1 tsp cumin seeds

200g spinach leaves

50g sultanas or 8 dried apricots

Zest of a lemon

METHOD

1. *Preheat the oven to gas mark 6 or electric 180°C. Put the water for the braising liquid into a roasting tin and add the bay leaves, rosemary and lemon in and bring to the boil. Take off the heat and add the chopped veg (any combination of vegetables could be used here).*

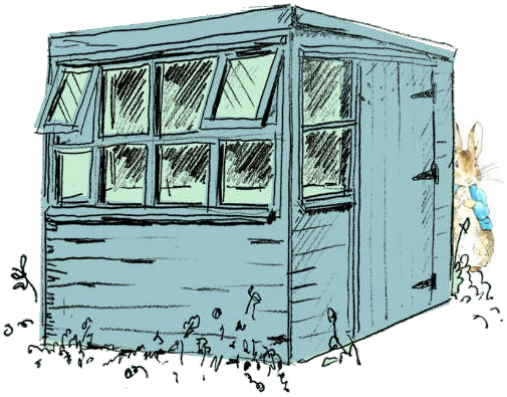
2. *For the stuffing, process the peeled onion, garlic, celery, rosemary and mushrooms until you have a soft mash.*

3. *Heat the oil in a pan and sauté gently for about 10 minutes. Process the spinach to chop and add to the pan to soften. Add the salt and spices and sultanas or chopped apricots.*

4. *Turn up the heat to cook the moisture out of the spinach. Add a good grinding of pepper and the lemon zest. Take off heat and allow to cool.*

5. *For the lamb it is quite easy to bone or ask your butcher to do this when you buy it. Lay the lamb out and cut into the flesh to make as flat a piece of meat as you can. Get your string ready before you put the stuffing on, as it is messy! Spread the cooled stuffing onto the lamb. Then role the lamb up and tie with string or use skewers. It doesn't matter if it looks untidy and the stuffing falling out as this will all add to the gravy for serving. Place the lamb on the veg in the roasting dish, cover loosely with foil and cook in*

From the **Potting Shed**



Dear friends,

I think that maybe May is my favourite month in the garden, you can almost see things growing. I love the young, acid green and the opening leaf buds that seem to need to dry off in the sunshine. Last weekend we actually did one of the jobs that is on my list for you, we cleared weed from our pond. We suffer mostly from blanket weed and when we rake it out we make sure we leave it on the bank for a while so any little creatures can crawl back into the water. Ruby was delighted to see several newts (ours are just the common or garden variety, but lovely nonetheless) and wondered whether they would eventually grow into dragons. She was a bit sad when I said the newts were fully grown and would never become fiery dragons but she cheered up when I gently put my hand right to the bottom of the pond and scooped up the strangest creatures. We are fortunate enough to have dragonflies as well as newts but the larvae of dragonflies are really quite primeval and unworldly and live at the bottom of ponds for a considerable time. I carefully put the larvae back into the pond and Ruby and I decided it was time to go inside and have a cup of tea. I found a few little chocolate eggs left over from Easter so that really put a smile on her face. She asked if she could take a couple of eggs home for her little brother Seth. That of course put a smile on my face!

Enjoy your gardens my dears,

Until next time, yours

Cecily MacGregor

Jobs for May

1. Remove all the strawberry runners so that all the energy goes into fruiting.
2. Scoop out pondweed and blanketweed from ponds and water features.
3. You can begin to pot up hanging baskets now but leave them protected in the greenhouse until the end of the month.
4. The grass is growing apace. Maybe consider 'No Mow May' or at least leave an area uncut for wildlife.
5. Do check for nesting birds before trimming hedges.
6. Tie in rambling and climbing roses before flowering starts.

What's On at St Michael & All Angels

May

1	1.00 pm	Knit and Natter: Church House
4	8.30 am	Men's Breakfast: Church House
	1.30 pm	Wedding of Joshua Hare and Charlotte Moxam: Church *(NB change of time)*
9	7.00 pm	**Ascension Day** Holy Communion: Church
16	2.00 pm & 6.00 pm	Chiltern Arts Festival: Church (see page 22)
18	4.00 pm	Wedding of Luke Chellingworth & Anna Sheppard: Church
25	1.00 pm	Wedding of Jake Hutt & Anna Inman: Church

June

4	2.00 pm	Mothers' Union Meeting: Church House
5	1.00 pm	Knit and Natter: Church House
8	3.00 pm	Wedding of Poppy Grout and Harvey Dixon: Church

1st & 3rd Sundays

9.00 am **Choral Communion**
11.00 am **Service of the Word**
6.00 pm **Evensong (Sung)**

2nd, 4th & 5th Sundays

9.00 am **Matins (Sung)**
11.00 am **Family Communion**
6.00 pm **Evensong (Sung)**

Tuesdays

11.00 am **Holy Communion (Said)**

One morning service is usually live-streamed on Sunday. Find it on our website, or on the church YouTube channel: youtube.com/hughendenchurch

Regular Groups

Hughenden Community Singers

Mondays from 7.30 to 9.30 pm. No need to be able to read music or to have sung before, and no auditions. Under-18s welcome with parents. Contact Liz on 07768 790029 or evmoseley@btinternet.com

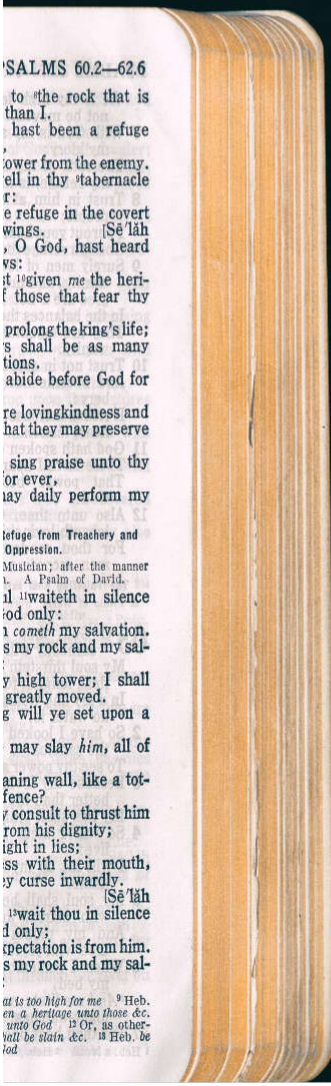
Friendship Morning

This is a get together in Church House on the third Thursday each month at 10.30 am. Primarily for those who are bereaved, who live on their own or who are lonely. The emphasis is on companionship and the atmosphere is light and cheerful. Contact Penny Austin on **01494 529596.**

Tiny Tots @ St. Michael's

Tiny Tots @ St. Michael's meets every Thursday in term time from 9.30 - 11.30 am in the North Room. Come for chat, play, craft and refreshments. Included, every second Thursday of the month, will be the Tiny Tots service, a time of fun worship in church. For details contact Helen Peters - **helen.peters@peters-research.com**

May Lectionary



5th : Sixth Sunday of Easter

Acts 10: 44-48

1 John 5: 1-6

John 15: 9-17

Evensong: Psalm 45

Song of Solomon 4:16 – 5:2 & 8: 6-7

Revelation 3: 14-end

12th: Seventh Sunday of Easter

Acts 1: 15-17 & 21-26

1 John 5: 9-13

John 17: 6-19

Psalm at 9.00 am: 1

Evensong: Psalm 147

Isaiah 61

Luke 4: 14-21

19th: Pentecost

Acts 2: 1-21

Romans 8: 22-27

John 15: 26-27 & 16: 4b-15

Evensong: Psalm 139: 1-11

Ezekiel 36: 22-28

Acts 2: 22-38

26th: Trinity Sunday

Isaiah 6: 1-8

Romans 8: 12-17

John 3: 1-17

Psalm at 9.00 am: 29

Evensong: Psalm 104: 1-10

Ezekiel 1: 4-10 & 22-28a

Revelation 4

Who's Who at St-Michael & All Angels

Keith Johnson
Vicar

Home: 01494 257569
Mobile: 07772 642393

keiththevicar@gmail.com

Day off: Friday

Helen Peters
Associate Minister

On sabbatical until July 2024

Parish Office
Administrator: **Lynn Brooks**

Office Hours: Monday, Wednesday, Friday 9.30 am - 12.30 pm

07928 536543
office@hughendenparishchurch.org.uk

Licensed Lay Minister	David Tester	563354	Captain of Bellringers	Verity Nicholls	07952 850760
Churchwardens	Frank Hawkins	565050	Safeguarding Officer	Roger Grant	07909 960938
	Andrew Cole	305020	Crèche Rota	Agnes Dodwell	07958 568538
Church Notices & Website	Ben Brice	445899	Social & Outreach	Antony Rippon	07747 643270
PCC Secretary	Susan Brice	445899	Mothers' Union Parish Link	Louise Stallwood	712705
PCC Treasurer	Brian Morley	528633	Hughenden Village Hall	–	07815 163269
Organist & Choirmaster	Neil Brice	445899	Naphill Village Hall	Norma Clarke	563116
Servers	Andrew Cole	305020	Friendship Morning	Penny Austin	529596
Church Flowers	Sylvia Clark	562801			

All numbers are High Wycombe area code (01494) unless otherwise stated.

OUR VISION IS

to know God's love, and to share that love with everyone.

I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge — that you may be filled to the measure of all the fullness of God.

Ephesians 3:16-19

Our aim is that all may know Jesus Christ, become his lifelong followers, and grow into mature members of the Church.

You are the light of the world. A town built on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.

Matthew 5:14-16

Our Church family will actively contribute to the life of our local community. Our Church activities & facilities will be accessible and we will welcome all with warm and generous hospitality.

www.hughendenparishchurch.org.uk