

**St. Michael & All Angels**

CHURCH IN THE PARK | LIVING, LOVING, SERVING

# Outlook



October  
2019

# Welcome to Your Church

The fact that you are reading these words suggests that you are a new reader of this magazine. Either you are a newcomer to this area or you are a visitor.

If you are a visitor, we hope that you have enjoyed your visit to our church; that you have found it interesting, instructive and conducive to prayer. If you are going to be here at one of our regular service times, we hope that you will join us in the worship of God and we ask that you take our greetings back to your own church.

If you are new to this Parish, we bid you welcome and invite you to join us and share in the fellowship of God's family in Hughenden. This magazine gives details of the regular times of worship here. We hope that you will find something to meet your spiritual needs. The printed word is cold and remote and we would like to make personal contact with you, so please leave your name and address in the box at the back of the church.

Whoever you are who reads these words, may God bless you, sustain you and protect you, your family and friends, now and always.

**Grant us Lord, faith to believe and strength to do thy will**

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## Outlook

### **Editorial team**

Sylvia Clark

Christopher and Jane Tyrer

Susan Brice

### **Cover and layout**

Ben Brice

### **Printing**

Brian Clark and team

### **Distribution**

Andrew Cole

**October 2019**

Dear Readers,

As we approach Harvest Time, it is a time to thank God for the manifold blessings of this world, but to pray that we who inhabit it do not destroy its beauty and its bounty. At the time of writing it is a glorious Autumn Day, with the hints of gold just beginning to tinge the garden leaves, seen against a brilliant blue sky. Yesterday we picked blackberries- well we picked some, and had to *test* quite a few. Still enough were saved to technically turn apple into blackberry and apple.

At the time of writing, our country is still in political turmoil.

Will the weather OR the politics have changed by the time you read this?

.....

Looking forward, we are planning some big changes to the magazine in the New Year. To help us, we would love to hear what you particularly would like to see, or you would not miss, in the magazine.

Incidentally, if you have any favourite recipes to share, particularly if there is a special memory attached, we would like to print them.

Any comments please to [mag@hughendenparishchurch.org.uk](mailto:mag@hughendenparishchurch.org.uk)

**Jane and Christopher Tyrer**  
**Editors**

## From the Vicarage



As I was gathering my thoughts to write some words about Harvest Festival this year, I was drawn to the Children's Society website. The following headline did not make for easy reading: *"4 million children live in poverty in the UK, one of the worst rates in the industrialised world"*.

The article then went on into a little more detail: "This means that children are considerably more likely to live in poverty than adults. It's not necessary, it's not acceptable, and we can do something about it.

Growing up in poverty can blight children's well-being and their future life chances. For example, children living in poverty are more likely to have poor physical and mental health and less likely to achieve their potential at school and in employment."

I was shocked to read this figure. Every one of those unnamed 4 million children in our nation is an individual with hopes and dreams, growing up lacking in basic levels of housing, clothing, nourishment, and often a difficult home life, and all that poverty can bring.

Sadly, all nations suffer from great inequalities. War, dictatorship, famine, plague, the insatiable appetite of humanity to conquer and oppress – a cycle which has repeated itself over and over throughout history – where the victors share the spoils and those who are the victims are left to fend for themselves.

As a Christian, I am called to demonstrate love and compassion to all those whom I encounter. To make an impact for good in the lives of those who cross my path. In Matthew 25:35-40 Jesus says:

*For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in, I needed clothes and you clothed me, I was sick and*

*you looked after me, I was in prison and you came to visit me.'*  
*"Then the righteous will answer him, 'Lord, when did we see you hungry and feed you, or thirsty and give you something to drink? When did we see you a stranger and invited you in, or needing clothes and clothed you? When did we see you sick or in prison and go to visit you?'* *"The King will reply, 'Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me.'*

It is abundantly clear when you read the Gospels, that Jesus has a special compassion for the most vulnerable in society – the least, the last, the lost and the lonely. When we are moved to demonstrate God's love to others, through works of love and service, it is as if we are doing so to Jesus himself.

I would like to commend to you the vital work of our local foodbank in High Wycombe – check out [onecantrust.org.uk](http://onecantrust.org.uk) for more details. In August 2019, One Can gave out 492 food parcels locally, to 559 adults and 539 children in need. Friends, you and I can do good near and far – please join me in supporting all those organisations which make a real difference to the lives of the most vulnerable in our society.

We will be supporting One Can Trust this Harvest Festival again at St Michael's & All Angels Church. Our All Age service on Sunday 6 October will invite donations of non-perishable food items and hygiene products, as well as financial donations in support of this important ministry.

As we give thanks to God this harvest for all good things in our lives, especially those which are grown in our local fields, may our hearts overflow in thankfulness to such a generous God, who loves us so much that he gave us his one and only Son, as he revealed his heart and compassion to a broken world.

**Keith**

# Harvest Festival

## Sunday 6<sup>th</sup> October

We will be celebrating Harvest Festival at Hughenden Church at all four services. As reported by Keith, above, we are once again supporting the work of our local food bank, the One Can Trust. As we go to press we are still waiting for up to date news of the current Harvest Campaign. Please watch the Mission Support Notice board for full details nearer the date.

Food stocks are very low after the summer holidays so it will be very important that we try to donate the requested items. You may prefer to make a financial donation to help cover the costs that they incur such as rent of the warehouse and the utility bills.

- £10 a month keeps the cupboard store full in a family home.
- £150 can pay for a week's administrative support.
- £500 can pay for a month's rent for the food bank store.

Financial donation envelopes will be available at the Harvest services.

Full details are available at [onecantrust.org.uk](http://onecantrust.org.uk)

One Can Trust thanks us for our continued support and is delighted that we are once again supporting them at Harvest Festival time.

**Mission Support Group**

### **Good Companions**

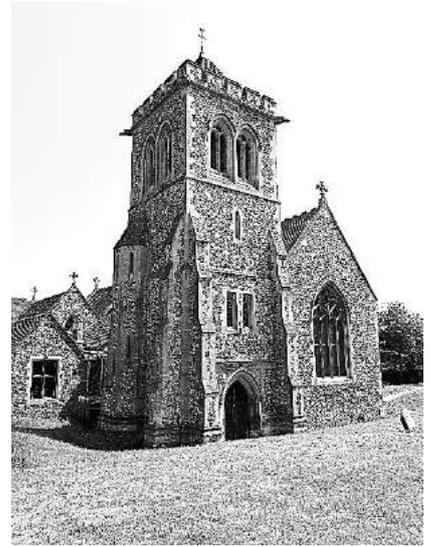
At our meeting on 3rd October, Alan Jaycock, who is an excellent photographer, will be showing us slides and talking about 'Walking the Thames upstream'.

We will have tea, cakes and a raffle for which members are asked to bring an item. Newcomers are always welcome to join our friendly group.

**Pat Furness**

## The Bell Tower: An Update

1. We have entered into a contract with Abletts as Architects to the project. They are well known and regarded in the Diocese and are the Architects to the work currently being undertaken at St Mary's Aylesbury. We are in the process of arranging a meeting with them at Church and with a view to progressing the project;
2. The current guesstimate of cost is between £100,000 and £125,000, with fees to add on top. It is difficult at this stage to be precise, but estimating by a Quantity Surveyor, followed by tendering to contractors will determine more accurately the likely overall cost;
3. The next steps are to obtain more detailed drawings, make decisions on materials and finishes and seek the necessary approvals – DAC and Faculty. We shall need the services of a structural engineer and other advisers further along the timeline of the project;
4. It is likely [as with all these projects] that, as the work progresses, more necessary work will be uncovered;
5. As part of our duty of care, we are recommending additional work, including safer access through the upper Tower [improving ladders, hatches and the route across the bell frame], which will be better and cheaper dealt with as part of the project, rather than later as stand-alone items;
6. We have been advised that the work should start next Spring, in the better weather, which will give us time for fundraising;
7. BHCT has decided to recommend a grant to us, for the approval of the Trustees, without the planned visit and inspection on the 23<sup>rd</sup> September, which will not now take place. We have given them all the papers which their Committee has considered;



8. We have applied to the Francis Coales Charitable Foundation and are preparing an application to ALLCHURCHES Trust Limited for funds. We are in discussions with Natalie Merry of Oxford Heritage Partnership, who assist in securing funding and with National Churches Trust for a grant;
9. We are looking into the Listed Places of Worship Grant Scheme for coverage of any VAT elements that are recoverable. We are Grade 2\* listed, number 1125743;
10. We are considering how to engage the congregation. There are 180 odd members on the Electoral Roll. We hope that the entire congregation will come on board fundraising, of course, as one of the criteria for grants from grant makers is the extent of local support. We will need to encourage our congregation to go out into the community and beyond for support. We hope that the Prayer Weekend will be an opportunity for committing ourselves and the project to GOD.

**Brian Clark, Nick Devlin, Christopher Tyrer**

## **A Note on Grammar**

Thanks to TJ, we have learned that - like "Sgt" - if you shorten a word by omitting letters (not where there is a contraction of words, as in can't) but there is still a letter remaining after the omission, (i.e. the t in the case we are referring to) you do not add an apostrophe in its place.

Still concentrating? So we have changed Rev'd to Revd in the Index.

We really sympathise with those learning English as a foreign language as well as those doing English Language (as it used to be called) at O Level!

As Editors, we like to be scrupulously correct, though we admit to the typo! Please point out any solecisms or indeed little known rules of grammar. We will pass them on!

**Editors**

# St Michael's and All Angels, Hughenden

## Ringling Guild Celebrates

### David Cornwall - 15<sup>th</sup> September 1939 –

On Tuesday 10<sup>th</sup> September the Hughenden ringers arranged a surprise 80th Birthday Party for David Cornwall at the Gate at Bryant's Bottom.

After a great deal of subterfuge David arrived at the Tower, whilst all of his regular ringing companions, from far and wide, arrived at the party venue. The Guild was extremely pleased to welcome Louise and Stephen, (David's daughter and Son in Law), Rev Keith, Helen and TJ our pastoral team at St Michael's, along with 50 ringers from his massive list of life long ringing friendships.

David was born in Hughenden, and he and his family have been loyal members of St Michael's, all this time, and the church and ringing have been integral to his life. David started ringing when he was 9 years old and rang 40 years with his father. David has been Bell Captain at Hughenden for so many years



that most people cannot remember when he took on this role. David and Joyce [his late wife] were devoted ringers and David boasts a very impressive record of maintaining and teaching new ringers, including recently a band of Wycombe High School girls for their centenary, not to mention his own ringing record of:

1220 Peals rung (a peal being 5040 unique changes on the bells to a set methods. Each peal taking 3 hours to complete)

David has rung	538 Peals with Joyce
	405 Peals with Alan Ainsworth
	278 Peals with Roy Woodruff

And many more peals with all the ringers present at the party.

David's record includes:

- 🔔 149 Peals of Minor/Doubles (6 bells)
- 🔔 928 Peals of Triples and Major (8 bells)
- 🔔 124 peals of Caters and Royal (10 bells)
- 🔔 19 peals of Cinques and Maximus (12 Bells)

A special peal is being attempted on the 18<sup>th</sup> September by a band of David's friends in honour of this birthday starting at 10.30 am with Alan Ainsworth coming down from York to take part.

The St Michael's Guild will be ringing a ¼ peal in David's honour with him conducting the band.

David clearly has rung these peals all over the UK and 372 were rung here in Hughenden, and around the county of Buckinghamshire (+Berks) including:

Amersham (82)

Windsor (56)

Chalfont St Giles (55)

High Wycombe (42)

West Wycombe (40)

Stoke Poges (37)

Aston Clinton (25) and

Burnham (25) which all figured well in the peals achieved.

Needless to say, David has also rung in over 4262 different Towers all over the UK / Europe/ Canada / USA / Hawaii / Australia and New Zealand!

The guild showed their flexibility and managed Happy Birthday on the handbells with the party showing their vocal excellence in a rousing chorus to David.

*[On his birthday, the congregation sang David a rousing chorus of Happy Birthday, though many were temporarily blinded by one of his trademark Hawaiian style shirts. Eds]*

## Damp turn-ups on Turtle Island - A Greek Wedding

Mamma Mia! The duties of godparents are many and various and, in the case of my elder godson, included attending his wedding in August on Turtle Island, off Zakynthos. The island, as the name and its shape imply, is in part reserved as a breeding ground for loggerhead turtles, which hatch from out of their eggs laid in the sand and waddle down to the sea and away.

Weddings on the island are not uncommon but are carefully monitored. In late August most, but not all, hatchlings have gone. Some adult and infant turtles were still to be seen, in the sea around. Naively, I assumed that facilities for the ceremony would be traditional and accessible: that was my first mistake. There are no facilities for landing: the boat pulls up on the shore and the punters are "assisted" off by a combination of leaps of faith and one or two burly locals, trying not to guffaw.



*Caretta Caretta, the loggerhead turtle*

Clothing and wedding attire are non-traditional: ties? – you are joking; suits? – likewise; socks? -what are they in Greece? In temperatures at the mid 30s °C, the emphasis is on linen, cotton and sandals: and the same for the men ...

Timings in Greece are flexible: no 0800, 0900 or 1045 but when everyone is ready, dried off and recovering with a stiff snootful of hooch.

And so to the event: arrival at the harbour and it becomes apparent that there is a boat trip out involved. In fact three: one for the flower arrangements [which have to be there to greet the wedding party], one for the guests and one for the happy couple who seem to have met up earlier, are in good spirits and rounding everyone else up and on board like a couple of collies. Then off for about 15 minutes across the sea and the rude reality of the arrival. You jump ashore... there is no such thing as a landing stage; the boat simple grinds onto the beach but not so as to disturb any turtles. Out you go, sans parachute, with a swift prayer and, of course, into the sea. The ladies can lift

their skirts [which is why the burly locals readily volunteer to assist] whilst the men try to roll up their trousers [shorts are not allowed]. Inevitably in the flight to land, turn ups unturn ... There seems to be a race card for the wettest: guess who won...



In these circumstances, the old family judge comes into play. Marriages are valid by the laws of the place where they are celebrated but, if they are to be recognised in the UK, they need to have those basic formalities with which we are familiar. A combination

of Greek and translation requires attention to detail – difficult with sodden trousers and the second or third restorative snootful. However, I ticked them off as all present and all was well. The bride and groom seemed pleased.

Kisses and photographs followed. Then it dawned upon us all that we had to get back and the return was the same, but in reverse, as the way out. The ladies were more careful of their modesty and the men more insistent upon the lifts from the burly locals. Back to the mainland and to the reception, with the now married couple arriving by sea in a horse and carriage. A beautiful climax.

**Christopher Tyrer**

## **MS Society**

The South West Bucks Group of the MS Society will be holding their annual Ploughman's Lunch and Mini Bazaar on Saturday 2nd November at Hughenden Valley Village Hall. Doors open at 12.00 pm and lunches served at 12.30 pm. Minimum donation of £7.00 on the door. There will be a raffle, tombola, books, crafts and bric-a-brac. All the proceeds from the event will be used to help people with MS.

For further information: call Judy Biggs-01494 562204.

**Belinda Peddle Group Coordinator**

## It's time to bin your bra!



Last year I asked you all to dig deep into the recesses of your wardrobes and lingerie drawers and donate unused, unloved and downright worn-out bras to a collection in aid of Against Breast Cancer. Lovely lot that you all are, you responded magnificently and we managed to send SEVEN dustbin bags full of bras of all shapes, sizes and condition to the charity.

The bra recycling scheme takes our unwanted or unloved bras and raises vital funds for pioneering breast cancer research. The same bras also help to support small businesses in Africa. Together with their recycling partners, Against Breast Cancer's textile recovery project prevents these bras going into landfill before giving them a new lease of life in developing countries such as Togo, Ghana and Kenya, where bras remain too expensive to produce locally.

Successful ventures like this keep many families in developing countries out of poverty whilst providing employment for people at home in the UK. Any bras that are genuinely beyond redemption are dismantled and disposed of properly.

For every tonne of bras collected, Against Breast Cancer receives £700 to fund their research. With over 30 million women in the UK we could really help make a difference – again!

This is advance notice. I intend to collect your unwanted bras on the last Sunday in January and the first Sunday in February (not before – it gives our menfolk time to buy us new ones, or failing that a quick visit to the sales). Please start putting to one side your over-used, under-worn, wrong sized, wrong coloured bras that you have lurking in the corners of your undies drawers. Even if you only have one, it's one more towards our next collection.

Whatever we can do by way of recycling old bras will help Against Breast Cancer to raise funds for pioneering breast cancer research. It's a win-win situation really – they benefit from recycling our old bras, and we get to bin our embarrassing old bras with a clear conscience that they aren't immediately adding to landfill. I'll remind you of the dates in the December magazine!

**Lin Smit**



## **MU Coffee Morning**

Hughenden Mothers' Union are holding a Coffee Morning

On Tuesday 29<sup>th</sup> October

10.00 am – 12 noon

in Church House

Please come and enjoy tea / coffee / cakes and scones

Everyone is welcome.

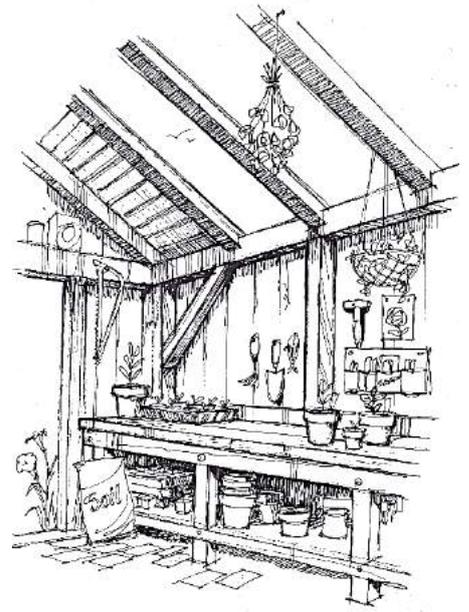
Donations for MU funds



## From the Potting Shed

So, are you thinking of this beautiful autumn as an Indian summer or may be a St Martin's summer?

The first term emanates from the Native Americans (Indians) of the eastern states of America and the way in which they described this time of year to Europeans. The second idea comes about because St Martin's Day is November 11th, though a little late to ever be talking of summer in my opinion.



However, October is a great time of year to walk and enjoy the wonderful colours. If we have Hughenden and the Chilterns do we really need to visit New England?

Tasks for October:

- ✿ Trim back hedges so that they are neat for the winter.
- ✿ Clean out greenhouses, ponds and water butts.
- ✿ Plant spring bedding biennials such as wallflowers.
- ✿ Fill pots and other containers with grasses, cyclamen and violas to take us from autumn through to winter.
- ✿ Raise pots off the ground so that they can drain and don't become waterlogged.
- ✿ Maybe invest in some garden fleece to protect anything that is tender from the inevitable frost.

Did you know that you can plant winter lettuces to give you salad through the darker months or alternatively grow mini salad leaves on a light window sill? Take care though as I know that the eating of too much lettuce can be very soporific.

**Yours,  
Cecily MacGregor**



## October Recipe

### Ginger Cake

#### Ingredients

- 1½ lbs SR flour
- ¾ lb butter
- ¾ lb soft brown sugar
- ½ lb black treacle
- 2 eggs
- 1 tblsp ground ginger
- 1 heaped tsp bicarbonate of soda
- ¼ pint milk
- 2 ozs raisins
- ½ tsp mixed spice, if liked



#### Method

Put butter, sugar and treacle into a saucepan and warm, but do not boil. Combine the flour and ginger in a bowl and make a well in the centre. Pour in the melted treacle mixture, together with the well beaten eggs and mix. Stir in the raisins. Warm the milk and blend with the bicarb of soda, then pour into the other ingredients in the bowl and mix together quickly. Put into two large, lined loaf tins and bake for approximately 2 hours in a slow oven – 150C / 300 F / Gas mark 2.

Keep in a tin for two or three days before cutting. This cake will keep for up to two months and improve in the tin.

Ginger cake is a particular favourite of my son's Godmother. She makes it frequently so that she always has some for unexpected visitors. One of the world's oldest known spices, ginger root has been used in cooking for

centuries. Originally a native of Asia, it is now grown widely in the West Indies, Jamaica and Africa. It was naturalized in America after the Spaniard Francisco de Mendoza transplanted it from the East Indies into Spain and the Spanish Americans cultivated it – actually exporting 22,053 cwts of it from America to Europe in 1547!

Used frequently in Oriental cooking, it is also known for its many medicinal properties. In Japan ginger is used to treat joint and spinal ailments and is also thought to promote the healing of fractures. The Chinese use ginger tea as an aid to colds. Antiseptic and analgesic, it is sometimes used as a gargle for sore throats, also as a medicine for stomach complaints, being thought to aid the digestion, ridding the sufferer of flatulence, nausea and vomiting. Applied in compresses, liniments or by massage is said to relieve backache, headache, muscular and rheumatic pains. A real cure-all!

Preserved ginger, the sort you get in jars at Christmas, is the undried, immature 'green' ginger rhizome which is scalded, washed and peeled, then steeped in syrup for many days. I think it is delicious!

**Ann Way**

## **Mothers' Union: A Day Trip to Weedon!**

On the last Thursday in August Barbara Willson, her husband and I went to the Bucks County Show at Weedon. Barbara and I were part of the team doing arts and crafts with young children in the Aylesbury churches' marquee, who were giving out teas and coffees free. The marquee was always full and the two hours that we spent there were incredibly busy. We spent the rest of day looking at the arts & crafts stalls, the flower and vegetable displays, the dog training, the horse riding and the motor-cycles not to mention listening to the bands!

We only saw two members of our congregation – were you there?

**Norma Clarke**

# Wycombe Homeless Connection

Most of us have heard of Wycombe Homeless Connection; a number of our church members volunteer with the organisation, and some have taken part in the annual Big Sleepout to raise awareness of homelessness and to raise funds. But how much do we know about what WHC does?

Founded in 2007 as a community project of Wycombe churches, WHC now serves around 500 homeless or vulnerably-housed individuals each year, working with anyone who has a housing-related need. This includes those who are sofa surfing, squatting, sleeping in their car, facing eviction, seeking advice, or recently housed after a period of homelessness, as well as those who regularly sleep rough. WHC runs an advice and support centre which is staffed by four front-line support workers, assisted by trained volunteers. They provide a wide range of services, including housing and benefits advice, referral to specialist agencies, advocacy with official bodies and help to secure accommodation and find employment.

The charity's aim is to help people rebuild their lives by assisting them not only with accommodation but also to develop skills to live independently and take more part in the community. Over the years, many clients have gone on to regain stability and purpose.

WHC's first project was Wycombe Winter Night Shelter, which continues to run from January through March each year. Staff and volunteers provide emergency night shelter for up to twelve guests each night in local church halls, where they offer a home cooked meal, friendship and advice, a safe night's sleep and a hot breakfast. Shelter stays are designed to provide a period of stability to allow guests to engage with WHC services to address accommodation and other issues.

The most common causes of homelessness are the end of a tenancy, a relationship breakdown, poor health or unemployment, which are things that can happen to anyone, but are more likely to cause homelessness for people already experiencing poverty.

It costs about £240,000 each year to provide WHC's services, over 90% of which

is raised by voluntary sources. The charity is supported by around 400 committed volunteers, so is very efficient and makes every pound go a long way.

Publicity and information about this year's Big Sleepout will be coming soon, and on November 24<sup>th</sup> we shall have a speaker from WHC coming to all our morning services to tell us more about how they help local people with housing needs, so make a note in your diary!

If you would like to find out more in the meantime, WHC has an excellent website at [www.wyhoc.org.uk](http://www.wyhoc.org.uk)

**Mission Support Group**

## **Family Food Production Combating Malnutrition in Timor Leste**

The Humanitarian Aid Relief Trust (HART) is making progress in supporting maternal and childcare in several remote countries and regions. Its September newsletter focusses on Timor-Leste where its partner is known as HIAM Health (HIAM stands for "*we help each other*" in the local language).



Humanitarian  
Aid Relief Trust

Timor Leste, once named "East Timor", should have become independent from Portugal in 1975, but an Indonesian take-over swiftly followed. There was another quarter of a century of conflict, with independence finally gained in 2002. This left the small country with little infrastructure, widespread unemployment, poverty, and economic instability. It is still amongst the worst countries in the world for food insecurity and malnutrition, along with Haiti and Zambia for example. It is a mountainous country, suffering both droughts and violent storms, making farming very difficult. Furthermore about 40% of cultivable land is on steep slopes liable to soil erosion.

In 2003, HIAM Health inaugurated a Health Centre in Dili, the country's capital. Its principal aims are to combat malnutrition by giving women more control over their lives and those of their families. By increasing the nutrition of their food, HART's partners are providing a unique service, based in part on experience elsewhere

and likely to provide a pattern for others. Residential rehabilitation for malnourished children has more recently been added to the original HIAM facilities for teaching and training. Treatments and support are available within the centre from pregnancy to the child's second birthday. The first 1000 days of an infant's life are considered vital for future healthy growth and full learning ability.

Centring on education to families around nutrition, sanitation, hygiene practices, plus cooking and horticulture – programmes include community gardens to teach irrigation and innovative agricultural techniques. Training is being given to government-funded Agricultural Extension Workers. Training manuals are produced using mainly sketches and diagrams, a technique also employed successfully for other HART projects such as midwifery manuals in the Shan States of Burma, for example.



*A group of women in the HIAM Health Centre sorting and grading moringa leaves prior to drying and bottling.*

A particularly interesting aspect of this Timor work is encouraging the cultivation of *Moringa oleifera*, native to India and East Africa, but widely planted elsewhere in the tropics. The Food & Agriculture Organization of the United Nations (FAO) commends the planting of this small tree or shrub for maternal and child nutrition for several reasons. It is fast-growing and drought resistant, also forming good wind breaks. It provides a very rich source of protein, plus vitamins A, B and C, together with healthy minerals. The main parts of the plant that are harvested are the leaves and the immature beans which contain pea-like seeds. The leaves can be dried and preserved for about half a year without refrigeration. Moringa cultivation has been successfully encouraged in other countries too, including Tamil Nadu (India) and Ethiopia, for example.

The HART website is kept up-to-date and includes numerous interesting case studies. They do accept gifts dedicated to specific projects if one prefers: [www.hart-uk.org](http://www.hart-uk.org)

The HIAM Health Centre in Dili can be seen just by searching: [hiamhealth.org](http://hiamhealth.org)

**Christopher J. Mettem**

# From the Parish Registers

## Holy Baptisms:

On 25<sup>th</sup> August: George Richard David Palmer-Wilson, son of Gary Wilson and Catherine Palmer.

On 1<sup>st</sup> September: Finn Peter Morgan, son of Nicholas and Kate Loftus.

## Holy Matrimony:

On Saturday 31<sup>st</sup> August: Joseph William Flight to Charlotte Rosemary Lewis.

## The Departed:

Florence Claire Rose Catherine Pinfield, aged 67

Lisa Dewar, aged 60

## Communicants

### Sundays

August

18<sup>th</sup> 20 + 39 = 59

25<sup>th</sup> 26

September

1<sup>st</sup> 24 + 35 = 59

8<sup>th</sup> 20 + 69 = 89

15<sup>th</sup> 16 + 38 = 54

### Weekdays

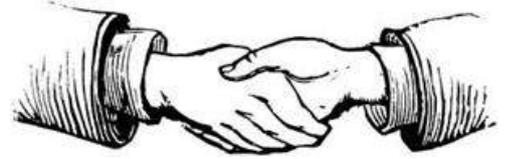
15<sup>th</sup> The Blessed Virgin Mary 7

24<sup>th</sup> Bartholomew 7

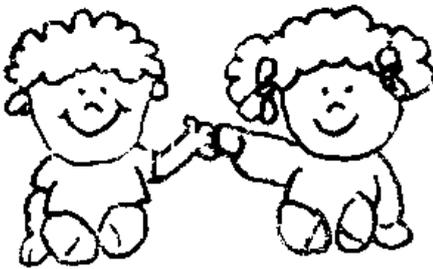
# Regular Meetings and Organisations

## Friendship Morning

This is a get together in Church House on the third Thursday each month at 10.30 am. It is primarily for those who are bereaved, who live on their own and for those who are lonely. The emphasis is very much on companionship and the atmosphere is light and cheerful. Please contact Penny Austin on 01494 529596 if you think this is for you.



## Babies & Toddlers @ St. Michael's



Babies and Toddlers @ St. Michael's meets every Thursday in term time from 9.30 - 11.30 am in the North Room. Come for chat, play, craft and refreshments. Included, every second Thursday of the month, will be 'Tiny Tots', a time of fun worship in Church. For details contact Helen Peters – [helen.peters@peters-research.com](mailto:helen.peters@peters-research.com)

## House Groups

A variety of house groups meet throughout the week: for days and times, or for further information contact Revd. Keith Johnson, HW 257569.

## Young People @ St Michael & All Angels

Throughout the year we have a number of activities, events and trips taking place. For current details on what's coming up please contact Bex Hawes on [rebecca@wycombeyfc.org.uk](mailto:rebecca@wycombeyfc.org.uk)

## October Calendar

Tue	1	7.30 pm	Bell Ringing Practice
		7.30 pm	Mothers Union Meeting: Church House
Wed	2	10.00 am	Come and meet the vicar! Bon Ami Café, Naphill
		1.00 pm	Knit and Natter: Church House
		7.00 pm	Private Booking: Church House
		7.00 pm	Alpha Course: North Room
		7.45 pm	Choir Practice
Thu	3	9.30 am	Toddler Group: North Room
Sat	5	7.00 pm	Barn Dance: Hughenden Village Hall
Sun	6		<b>16<sup>th</sup> Sunday after Trinity and Harvest Festival</b>
		8.00 am	Holy Communion (Said) (BCP)
		9.00 am	Choral Communion
		10.45 am	All Age Family service with Baptism of Timothy Skillen
		6.00 pm	Evensong (BCP) (no sermon)
Mon	7	10.00 am	Come and meet the vicar!: Hughenden Village Shop
Tue	8	7.30 pm	Bell Ringing Practice
Wed	9	10.00 am	Come and meet the vicar! Bon Ami Café, Naphill
		10.15 am	Visiting Bell Ringers (3hrs)
		7.00 pm	Private Booking: Church House
		7.00 pm	Alpha Course: North Room
		7.30 pm	Free to Be: The Vineyard Church, Aylesbury, HP19 8DN
		7.45 pm	Choir Practice
Thu	10	9.30 am	Toddler Group: North Room
		10.30 am	Tiny Tots Service: Church
Sat	12	2.00 pm	Wedding of Jake Gumb & Lucy Atherton
		3.30 pm	Visiting Bell Ringers (3hrs)
Sun	13		<b>17<sup>th</sup> Sunday after Trinity – Gifts Talk 1</b>
		8.00 am	Holy Communion (Said) (Common Worship)
		9.00 am	Matins (Sung) (BCP)
		10.45 am	Family Communion
		6.00 pm	Evensong (BCP) (no sermon)
Mon	14	10.00 am	Come and meet the vicar!: Hughenden Village Shop

Tue	15	7.30 pm	Bell Ringing Practice
Wed	16	10.00 am	Come and meet the vicar! Bon Ami Café, Naphill
		12.00 pm	Private Booking: Church House
		7.00 pm	Alpha Course: Church House
		7.45 pm	Choir Practice
Thu	17	9.30 am	Toddler Group: North Room
		10.30 am	Friendship Group: Church House
		3.15 pm	Messy Church: Cryers Hill Methodist Church
Fri	18	10.00 am	<b>Holy Communion, Luke the Evangelist</b>
Sat	19	9.30 am	Visiting Bell Ringers (3hrs)
Sun	20		<b>18<sup>th</sup> Sunday after Trinity – Gifts Talk 2</b>
		8.00 am	Holy Communion (Said) (Common Worship)
		9.00 am	Choral Communion (Common Worship)
		10.45 am	Service of the Word with Baptism of Maisie Tate
		6.00 pm	Evensong (BCP) (no sermon)
Mon	21	10.00 am	Come and meet the vicar!: Hughenden Village Shop
Tue	22	2.30 pm	Mothers Union Committee Meeting: Church House
		7.30 pm	Bell Ringing Practice
Wed	23	10.00 am	Come and meet the vicar! Bon Ami Café, Naphill
		10.15 am	Visiting Bell Ringers (3hrs)
		7.00 pm	Alpha Course: Church House
		7.45 pm	Choir Practice
Thu	24	9.30 am	Toddler Group: North Room
Sun	27		<b>Last Sunday after Trinity – Gift Day</b>
		8.00 am	Holy Communion (Said) (Common Worship)
		9.00 am	Matins (Sung)
		10.45 am	Family Communion
		6.00 pm	Evensong (BCP (no sermon)
Mon	28	10.00 am	<b>Holy Communion, Simon &amp; Jude, Apostles</b>
		<b>11.00 am</b>	Come and meet the vicar! Hughenden Village Shop
Tue	29	10.00 am	Mothers Union Coffee Morning: Church House
		7.30 pm	Bell Ringing Practice
Wed	30	10.00 am	Come and meet the vicar! Bon Ami Café, Naphill
		7.45pm	Choir Practice

# October Lectionary

Date	Lesson	Readers		
		8:00 am / 6:00 pm	9:00 am	10:45 am

## 6<sup>th</sup> Sixteenth Sunday after Trinity

Habakkuk 1: 1-4 & 2: 1-4	Judy Wilson	Roger Gee	Ben Sharp
2 Timothy 1: 1-14	Philip Hynard	Hazel Lowe	
Luke 17: 5-10	Priest	Priest	Priest
Evensong: Psalm 142			
Nehemiah 5: 1-13	AJ/LS		
John 9	Emily Bailey		

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## 13<sup>th</sup> Seventeenth Sunday after Trinity

Ezekiel 37: 1-14	Alison Stacey	Louise Stallwood	Helen Byrne
1 Corinthians 12: 1-11	Arthur Johnson	Ann Moore	
Luke 17: 11-19	Priest	(check which)	Priest
Psalm at 9.00 am: 111			
Evensong: Psalm 144			
Nehemiah 6: 1-16	Beryl Doran		
John 15: 12-end	Mike Morgan		

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## 18<sup>th</sup> Luke the Evangelist

Isaiah 35: 3-6	2 Timothy 4: 5-17	Luke 10: 1-9
10.00 am Holy Communion	TBD	Priest

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## 20<sup>th</sup> Eighteenth Sunday after Trinity

Genesis 32: 22-31	John Holmes	Sara Badrick	Lois Comley
1 Corinthians 12: 12-31a	Cathryn Carter	Ann Gee	
Luke 18: 1-8	Priest	Priest	Priest

Evensong: Psalm 149

Nehemiah 8: 9-end AJ/LS

John 16: 1-11 Ben Brice

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### **27<sup>th</sup> Last Sunday after Trinity**

Jeremiah 14: 7-10 & 19-end John White Christopher Tyrer Sylvia Clark

2 Timothy 4: 6-8 & 16-18 Alan Jaycock Edie Sadler  
Luke 18: 9-14 Priest (check which) Priest

Psalm at 9.00 am: 84

1<sup>st</sup> Evensong of Simon and Jude, Apostles: Psalms 124 & 125

Deuteronomy 32: 1-4 Susan Brice

John 14: 15-26 Louise Stallwood

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### **28<sup>th</sup> Simon and Jude, Apostles**

Isaiah 28: 14-16 Ephesians 2: 19-end John 15: 17-end  
10.00 am Holy Communion TBD TBD Priest

## **November Issue of Outlook**

Outlook is published on the 28<sup>th</sup> of each month, except July and December. The editor for the October edition is Susan Brice. Items for inclusion should reach the editors by email at [mag@hughendenparishchurch.org.uk](mailto:mag@hughendenparishchurch.org.uk). Handwritten articles should be delivered or posted to Sylvia Clark, 'Failte', Boss Lane, Hughenden Valley, HP14 4LQ.

All contributions to be received by 15<sup>th</sup> October please.

# Who's Who at St Michael & All Angels

<b>VICAR</b>	The Revd Keith Johnson	257569
<b>ASSOCIATE MINISTER</b>	The Revd Helen Peters	716772
<b>CURATE</b>	The Revd Tracey Jones (TJ)	07939 536879
<b>LICENSED LAY MINISTER</b>	David Tester	563354
<b>CHURCHWARDENS</b>	Julia Grant	565746
	Nicholas Devlin	712693
<b>PARISH CLERK &amp; VERGER</b>	Arthur Johnson	521471
<b>PARISH ADMINISTRATOR</b>	Lynn Brooks	07928 536543
<b>CHURCH NOTICES/WEBSITE</b>	Ben Brice	445899
<b>PCC VICE CHAIR</b>	Clare Godfrey	563296
<b>PCC SECRETARY</b>	Louise Stallwood	712705
<b>PCC ASSISTANT SECRETARY</b>	Clare Godfrey	563296
<b>PCC TREASURER</b>	Ian Faulkner	451279
<b>PCC ASSISTANT TREASURER</b>	Arthur Johnson	521471
<b>PLANNED GIVING SECRETARY</b>	Arthur Johnson	521471
<b>TASK GROUP LEADERS: COMMUNICATIONS</b>	Jane Tyrer	01844 344650
	<b>PRAYER</b>	Ann Gamon
		564009
	<b>YOUTH</b>	The Revd Helen Peters
		716772
	<b>MISSION</b>	The Revd Keith Johnson
		257569
	<b>OUTREACH &amp; SOCIAL</b>	Frank Hawkins
		565050
<b>ALPHA COURSE - ADMINISTRATOR</b>	Frank Hawkins	565050
<b>ELECTORAL ROLL OFFICER</b>	Arthur Johnson	521471
<b>ORGANIST AND CHOIRMASTER</b>	Neil Brice	445899
<b>WORSHIP LEADER</b>	Tony Sackville	446035
<b>TINY TOTS FUN WORSHIP</b>	The Revd Helen Peters	716772
<b>AV AND SOUND SYSTEM</b>	Frank Hawkins	565050
<b>SERVERS</b>	Andrew Cole	442191
<b>MOTHERS' UNION PARISH LINK</b>	Ann McCarthy	712004
<b>CAPTAIN OF BELLRINGERS</b>	David Cornwall	714718
<b>VALLEY FRIENDS</b>	Heather Mayer	436044
<b>CRECHE ROTA</b>	Ester Comunello	07749 672548
<b>HUGHENDEN BABY AND TODDLER GROUP</b>	The Revd Helen Peters	716772
<b>FRIENDSHIP MORNING</b>	Penny Austin	529596
<b>CHURCH HOUSE TEAS BOOKINGS</b>	Julia Grant	565746
<b>CHURCH COFFEE ROTA</b>	Sylvia Clark	562801
<b>CHURCH FLOWERS</b>	Sylvia Clark	562801
<b>CHURCH LIBRARY</b>	Alison Gieler	562473
<b>CHURCH HOUSE BOOKINGS</b>	Parish Administrator	07928 536543
<b>OUTLOOK MAGAZINE EDITORS</b>	Sylvia Clark	562801
	Christopher & Jane Tyrer	01844 344650
	Susan Brice	445899
<b>MAGAZINE PRINTING</b>	Brian Clark & Team	562801
<b>MAGAZINE DISTRIBUTION</b>	Andrew Cole	442191
<b>SAFEGUARDING OFFICER</b>	Tricia Devlin	712693

**Our Mission is**  
***To enable all to follow Jesus Christ***

**We shall live out this mission through**  
**Prayer, Presence, Persuasion and Proclamation by:**

**Leading lives centred on Jesus Christ**

- That are steadfastly based on the Bible and prayer.
- That are based on Jesus' example.
- By being ambassadors of Christ to our friends, families, neighbours and work and school colleagues.

**Being seen and known in the wider Community by**

- Understanding the communities in which we live and seeking to be fully involved in those communities.
- Building appropriate bridges between our church and our community.
- Taking every opportunity to share the good news about Jesus Christ.

**Offering and receiving spiritual and practical support and development**

- That is appropriate to wherever people are on their spiritual journey.
- That is based on worship that is honouring to God and accessible and relevant to all.
- That is led by prayer that engages with the will of God and his purposes.

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*Lord of the Harvest, we thank you for the beauty and bounty of Your world.*

*God of peace, bring peace to our nations, our community and ourselves.*

*Amen.*