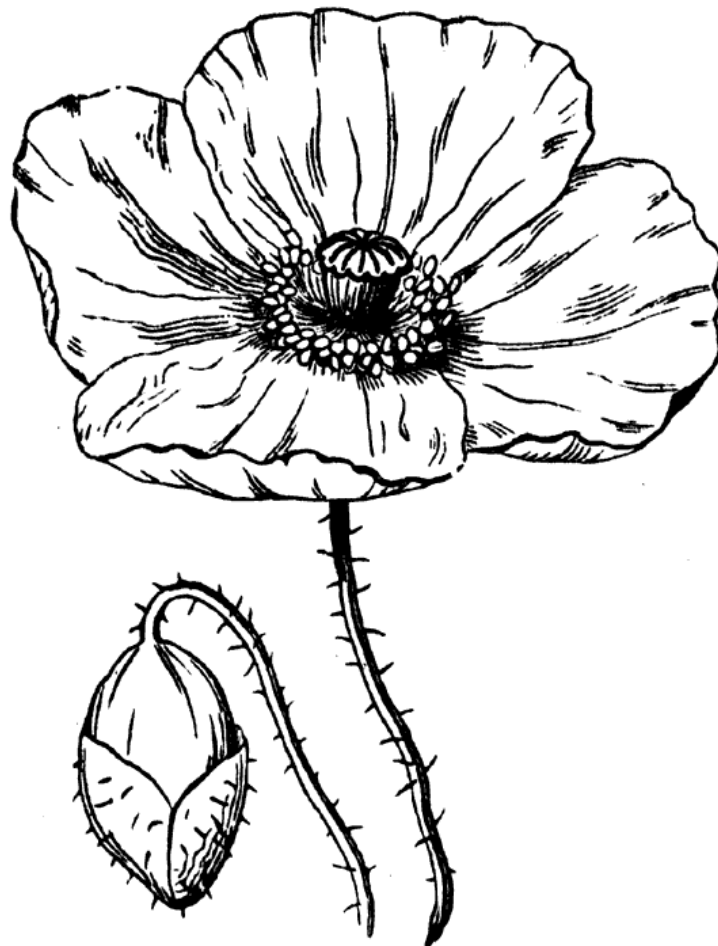




St. Michael & All Angels

CHURCH IN THE PARK | LIVING, LOVING, SERVING

Outlook



In Flanders fields the poppies blow...

November 2016

Welcome to Your Church

The fact that you are reading these words suggests that you are a new reader of this magazine. Either you are a newcomer to this area or you are a visitor.

If you are a visitor, we hope that you have enjoyed your visit to our church; that you have found it interesting, instructive and conducive to prayer. If you are going to be here at one of our regular service times, we hope that you will join us in the worship of God and we ask that you take our greetings back to your own church.

If you are new to this Parish, we bid you welcome and invite you to join us and share in the fellowship of God's family in Hughenden. This magazine gives details of the regular times of worship here. We hope that you will find something to meet your spiritual needs. The printed word is cold and remote and we would like to make personal contact with you, so please leave your name and address in the box at the back of the church.

Whoever you are who reads these words, may God bless you, sustain you and protect you, your family and friends, now and always.

Grant us Lord, faith to believe and strength to do thy will

Outlook

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Parish Website:

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November 2015

Dear Readers,

Once again our thoughts turn to remembrance of those who lost their lives in the great wars and the continuing wars. This year the Royal British Legion is calling on the nation's golfing organisations and clubs to commemorate the role played by golfers on the 100th anniversary of the Battle of the Somme in 1916. A special edition Somme 100 golf pin flag will be flown on the 16th hole of golf courses across the country in memory of the service and sacrifice of golfers in that battle.



In 1916 to aid the war effort, virtually all professional sport had been suspended by the time the Battle began. Athletes and players from sports at all levels had volunteered to enlist – sometimes en masse as an entire team and its supporters. Hundreds of golfers, professional and amateur, served in Pals Battalions recruited from towns, villages, schools, workplaces and trades. When these battalions suffered losses, the impact was felt at both club and community level.

I was very touched, when playing golf this week, to find a commemorative flag on the 16th green at the club where I play. It made us all pause and think of all those lost 100 years ago. There will be the Act of Remembrance in Church at 10.20am on Sunday 13th November, Remembrance Sunday, followed by Family Communion at 10.45am.

'No sun – no moon!...' So wrote the poet Thomas Hood, finishing with the lines *'...No fruits, no flowers, no leaves, no birds! – November!'* All I can say is that I heartily disagree with him at the moment, although in his defence, as I write, we haven't quite reached November. In this, the second half of October there has been beautiful sunshine, the most stunning moon, fruits and berries on the trees, plenty of flowers in the garden, lovely autumn leaves in glowing colours and plenty of birds around. It must have been a bad year in 1844 when he wrote his poem!

I think John Keats had it right, so enjoy the 'Season of mists and mellow fruitfulness'!

Sylvia Clark, Editor

From the Vicarage

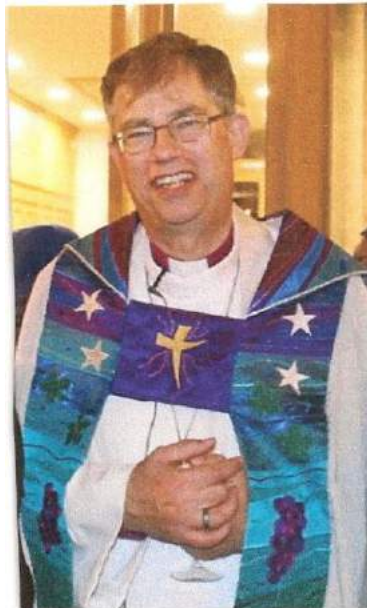
If you found yourself in High Wycombe town centre on Thursday 13 October, around teatime, you would certainly have heard the great peal of bells ringing out triumphantly from the tower of All Saints Church, proclaiming the arrival of an honoured visitor to our town and indeed to the Buckingham Archdeaconry.

This special guest was not of Royal birth, or a member of government, but is a much heralded new arrival for the diocese of Oxford - no less than our new Bishop - Rt Rev Steven Croft, who was formally welcomed by a full church of worshippers, in a memorable and joyful service of Christian worship and witness.

Bishop Steven, aged 59, was born in Halifax, studied classics and theology at Oxford, and was ordained a deacon in the diocese of London in 1983. Having spent 8 years serving the Church of England as the Bishop of Sheffield, he formally became Bishop of Oxford on 6

July 2016, taking on the episcopal oversight of one of the largest dioceses in the country.

Bishop Steven brings with him a wealth of experience in parish ministry, theology and a particular passion and interest in church mission. He served the church nationally as Archbishops' Missioner and



Fresh Expressions Team Leader between 2004-2008, seeking to inspire the church to think creatively in reaching the nation in fresh and culturally relevant ways, to reflect changing times, whilst still maintaining the integrity of the Christian gospel message.

I am excited to have welcomed Bishop Steven as our new diocesan bishop, and I am optimistic that his leadership will be an inspiration to our diocese, and to Hughenden parish.

Having just returned from a church weekend away at High Leigh Conference Centre in Hoddesdon, many of us have been inspired in our faith, as we spent a challenging and

stimulating Saturday morning listening to Rev David White, formerly Vicar of St Andrew's Chorleywood teaching us about authentic church and what it means to be a follower of Jesus Christ.

David took at his text chapter 2 of the book of Acts, in which the early Christian Church in Jerusalem grew rapidly in a short space of time, as the believers shared their possessions with one another, gave generously to everyone in need, met together daily to read the Holy scriptures, to pray and eat with one another.

Remarkable things took place, as the power of God was at work in the hearts of the believers - their faith became infectious, many others joined the church, and no one was left outside of the church fellowship.

My hope and prayer is that we too can seek to catch a glimpse of this special time of blessing here at St Michael's and All Angels, Hughenden, as we seek to be salt and light in our local community.

Keith

Monday Morning Fellowship Group

We are a small group of ladies who meet on a Monday morning from 10.30 to 12.00 to study the Bible. At the moment we are meeting in the house of one of our members in Downley, studying the book of John, with the help of a DVD and a study book.

We would LOVE some more people to join us!

We are all of a certain age but don't let that put you off! Young or old, male or female, if you can manage Monday mornings then please give us a try.

Call **Elaine Morley 01494 562714** or **Ann Long 01494 564009** for more information.

A SERVICE OF COMMEMORATION AND THANKSGIVING FOR THE DEPARTED



You are warmly invited to join the service of Commemoration for the Departed on Sunday November 6th at 4 o'clock in church.

It is a very simple service but very meaningful. We come to remember our loved ones and if you wish, their names will be read out and you can light a candle. No matter whether your loss is recent or from many years ago, memories are just as precious.

After the service light refreshments will be served in Church House.

Sara Badrick

Wycombe Women's Aid – donations

Once again there has been a magnificent response by Mothers' Union and church members throughout the year and especially at Christmas. With even more cut backs by the government and local authorities to Wycombe Women's Aid support, our help seems to be needed more than ever.

As well as the usual toiletries - underwear, pyjamas, gift vouchers, towels and single duvet covers are always needed.

The latest date for me to collect your gifts is 6th December at Mother's Union Advent service at 7.30pm in Church House. Please feel free to join us.

Thank you all for your continued support

Andrea Samuel

Church Signs

Outside one church is a picture of two hands holding stone tablets on which the Ten Commandments are inscribed. A headline reads: 'For fast relief, take two tablets.'

Rope - Taking Action, Changing Lives

Rope are excited to invite you to an original Christian play by RISE Theatre

White Rabbit

at King's Church Amersham

on Friday 4th November at 7.30pm.

RISE Theatre is a professional, not-for-profit Christian theatre company and is especially passionate about sharing the gospel. Rope, along with another charity called 'Help a Child' will be hosting RISE as they perform their production 'White Rabbit'- a captivating, original play about two world-weary adults who discover what it means to dream and believe again. The play is for ages 12 and above and is ideal for inviting non-Christians to. We would love as many people as possible to attend and invite others to enjoy this wonderful evening.

Tickets £10 with a complimentary drink

To book visit www.ticketsource.co.uk/risetheatre

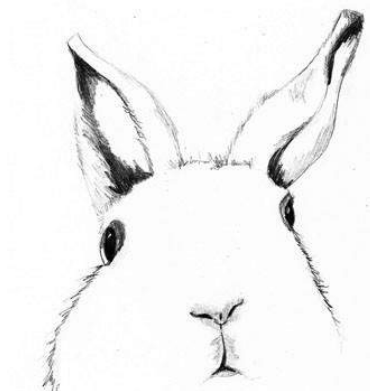
All the proceeds from the evening will be split between the two charities and will make a huge difference to educating children who would otherwise be unable to realise their God-given potential.

To find out more about RISE Theatre visit www.risetheatre.co.uk.

For more information go to:

<https://www.rope.org.uk/Event/rise-theatre-presents-white-rabbit>

See poster in church porch



PSALM - Project for Seniors and Lifelong Ministry

At our recent Mothers' Union Diocesan meeting we had a very enlightening talk given by Ann Wright who is a member of the Spirituality and Ageing Group of Psalm. The session involved the meeting in discussion and feedback. Ann is a former Diocesan President of the Mothers' Union in Southwark and was involved in a survey there to help evaluate issues which are relevant in our ageing population.

The objects of the charity are:-

- To encourage churches to take issues of ageing seriously.
- To support their work in this area.
- To provide opportunities to think boldly and imaginatively about how to live well in later life - and the place of faith.
- To realise the value of conversation.

We were asked how this is relevant to Mothers' Union. Interesting statistics were presented which took into account increased longevity and involvement in community life. We were left considering what we can offer that will help people go on growing in faith and feeling that they are valued.

Our Branch is hoping to plan a meeting during the next year to continue the discussion on the topic and we hope that we can involve many of our Church Community. Watch this space!

More details of the work of the charity can be found at PSALM@stpancraschurch.org/ www.PSALM.org.uk.

Barbara Willson

Mothers' Union

Bee Keeping

Mr Bob Grayson, Chairman of High Wycombe Beekeeping Association, gave a very interesting screen presentation on Bee Keeping which is his hobby, although for some it is a business. There are four associations in Bucks and between 600 and 700 hives in the Wycombe area alone. The Association has a 'swarmline' on which members of the public can report a swarm and then a beekeeper deals with it. Bob described a swarm on a branch of a tree. It hung down looking very like a beard and this is what this formation is called. A box is put on the ground under the 'beard' and the branch above is given a sharp knock. The swarm drops into the box and the stragglers soon follow and go into the box too. Sometimes there have been emergency call-outs when there has been a swarm at a school or, as once happened, on a railway station.

The work to be done throughout the year depends on the seasons and there are many rules and regulations that bee keepers have to abide by in order to prevent diseases or attacks from predators, eg wasps and mice. A hornet can

eat its way through a hive and green

woodpeckers have been known to peck through the hive wall and eat all the bees. Pesticides are also a hazard and have to be considered when positioning a hive as bees forage in a wide area. Some of the good nectar producing flowers are oil seed rape, broad or runner beans, apple, raspberry and black-berry.

We were shown pictures of many different species of bees including mason bees which



many of us have seen making small holes in crumbling mortar on an

old wall. These are solitary bees which make a small tunnel about an inch long in the mortar, lay an egg at the end of it and then seal it up. When it is ready to fly the baby bee breaks out and starts its new life. Bob told us about the life cycle of honey bees and the different jobs they do in the hive, also how to identify them. The workers are the smallest, rounded in shape. Drones



which are longer, do no work and their sole purpose in life is to mate with the queen, after which they die. The largest is the queen. She lays about 1,200 eggs per day into cells made by the worker bees and this happens every day of her three to four year life. That's a lot of eggs and a lot of bees! Special cells are built for new queens into which eggs are laid and fed on a diet rich in royal jelly. After hatching, a virgin queen flies off and most of the bees follow, sometimes separating into two groups if there are two queens, so increasing the number of colonies. The old queen is often bumped off!

Because the honey has been harvested from the hive, the bees have to be fed in the winter when they can't forage. This is done by making a sugar and water mixture into fondant by whisking. The number of bees in a hive changes according to season but can be as many as 50,000

bees. As well as tasting delicious, honey has been used for centuries as a dressing to heal wounds or burns. About 4,000 tonnes of English honey is produced each year and as we are now using more honey than ever, some 28,000 tonnes is imported.



Bob answered many questions from members and then invited us to taste the different samples of honey from Britain and other countries. It varied widely in colour, taste and consistency. Sara thanked our speaker for a very interesting evening.

PLEASE NOTE that our next meeting is on **8th NOVEMBER** when Justin Montague will be talking on 'Life in the Marines in Afghanistan'. This is an open meeting and all visitors are very welcome.

Joan Steel



Two repeats shown

News from Christians in the Community

We had our first meeting with the new vicar, Keith Johnson and have planned some interesting events over the next few months. The Quiet Day held last month at the Naphill Methodist Church was a very peaceful and thought provoking day – and for some of us included a short walk into the woods.

There was a great welcoming service for the New Bishop of Oxford at All Saints Church, Wycombe. A full church (lots of testimonials from groups of children and adults), wonderful music, a Zimbabwean choir, finished off with wine and food!

Please let us know if you have a neighbour or friend who would welcome a visit from one of us (doesn't have to be a Christian).

Norma Clarke, HW 563116

Good Companions

The Good Companions Club has been meeting at Hughenden Valley Village Hall for more than 40 years. Pam Herman, who has been the Social Secretary for all of this time, is now unable to carry on any longer. We wish her a happy 'retirement' and welcome Pat as our new Social Secretary.

We are a friendly group of over sixties, have some interesting speakers and entertainment, followed by tea, cake and a raffle. We meet on the first Thursday of each month from 2.15pm until 3.45pm approximately.

New members would be most welcome. The next meeting is on Thursday 3rd November when we will be entertained by the Three's Company Singers. We look forward to seeing you there.

Pat and Sheila



Valley Friends

Our AGM and 50th Anniversary was on 7th October. Jill welcomed everyone to the meeting and following the general notices gave the Leader's Report in which she recalled highlights of our busy and interesting year. She shared enjoyable evening meetings and occasions including Carnival Day when we made masks and entered the parade as masked Venetian Ladies with a Gondola, cleverly made by Doreen and helpers.

Doreen gave the treasurer's report saying that the membership fee would remain at £30 and visitors at £3. We will continue to support the South Bucks Hospice and the High Wycombe Multiple Sclerosis Society, as well as the charities of some speakers. Members of the committee gave their reports and Jill thanked them for their loyalty and hard work. She asked everyone to encourage friends and neighbours to join us and outlined our varied future programme. On our behalf Heather presented Jill with a book of poems and a beautiful bouquet as special tokens of our gratitude to Jill for her 26 years of outstanding leadership, loyalty and friendship during the fifty years of the group. This year was tinged with sadness at the recent death of our oldest member Marjory Jenkins who was aged 95, also of Mervyn Wallen, the husband of Margaret, one of our founding members. Margaret is now at Avondale Care Home in Aylesbury.

All the committee members were willing to serve and were voted in for another year. A really beautiful bouquet was given to Joan in recognition of her being founder member. A Tribute to Jill was read on behalf of us all to salute our fantastic leader who is again willing to continue her good work for another year. Membership subscriptions are due at the next meeting on 4th November when we will also have a talk called "40 Years of Catching Smugglers" by Malcolm Nelson. Everyone is welcome to join us.

Having completed the A.G.M. we commenced our 50th Year Golden Celebrations with a delicious dinner served handsomely on tables decorated in "gold" to match the other decor in the hall. Jill had prepared an interesting quiz for us that tested our

memories of the correct dates of Valley Friends talks or occasions in the past. We all had a gift of "gold" wrapped chocolates and throughout the evening a quartet of ladies playing suitable music on brass instruments, brought back pleasant memories. Finally we sang 'Happy Birthday' and cut the pretty cake. It was a really happy and memorable occasion and we give thanks all round to everyone who made it possible.

Joan Steel

24/7 Prayer for Wycombe

Praying for a world in need, a nation in need, a town in need and communities in need – all these areas are covered in the monthly Prayer Points. I wonder if, like me, you try to envisage how effective your prayers can be in the grand scheme of things; just where do we begin? I recently read an article by a Tearfund worker in the Middle East, actually a frontline worker in Syria and Iraq, who admitted that when it comes to praying for that region they often don't know where to start. In a tragedy so vast and complex they found it hard to believe that their prayers would make any real dent in the situation; praying for Peace in the Middle East felt vague and frankly unrealistic given everything that they had seen and heard. The Tearfund worker



had to take it to the Lord and ask how they could pray to make a concrete difference to the overwhelming array of needs they witnessed. Ideas formulated and they started small; praying that monthly food packages delivered would stretch to feed extra mouths, that if anyone was planning a suicide bomb attack in the region, the detonator would malfunction, that weather conditions would disrupt a planned attack – maybe a sandstorm would do the job; praying in bite sized chunks for whatever came to mind.

It made me think about the ministries taking place in Wycombe. Each one started by the insight of maybe one or two people recognising a need in the community and praying for

it to become a reality. Some of those ministries must have taken a long time to materialise and the fact that they have doesn't mean that they don't still need our prayers to continue to function and grow and provide for the needs of those in desperate situations. Each of those ministries attracts volunteers committed to working together in small ways and fulfilling a need in them to make a difference to other people's lives. So as I look at the Prayer Points for last month I see that the Wycombe Homeless Connection are holding their annual **Big Sleepout** on Friday, 18th November, in All Saints Churchyard in the centre of Wycombe. Registration is now open and they ask for prayer for the organisation of the event, that volunteers would come forward, that funds raised would be greater than before, that the Lord would encounter people as they sleep with dreams, visions and healings and that many would testify to His love, and for the health and safety of all who take part. We are asked to pray for the **Night Shelter** which will take place during the three coldest months of the year, January through to the end of March. Prayers are requested for more/new churches to come forward to support this and for

many volunteers to cover the shifts, especially overnight sessions which are always difficult to staff. If you think you would like to volunteer for the Night Shelter head over to their website and pick up all sorts of information and see what there may be available for you to help with.

There are certainly three **Alpha** courses running in the Wycombe area at the moment. St Michael's course takes place on a Wednesday evening, beginning with a shared supper and then continuing with sessions from Holy Trinity Brompton after which there are opportunities for open discussion where you may ask any questions you like. There are also courses taking place at St Andrews on Hatters Lane on a Tuesday evening and St Peter's at Loudwater on a Wednesday evening. We are asked to pray that people taking part will find life-changing answers to their questions and let us pray too that they will be encouraged to continue on the journey they have begun.



We are frequently asked to pray for all that goes on in our local communities, for churches, surgeries, schools and village

centres; those places where we come together in shared activities and the Tithe Prayer in October was for the Persecuted Church where we were asked to pray as our Lord leads for our brothers and sisters in places where they are persecuted for their faith and to pray too for all the organisations working to support them.

This month our committed prayer day is Monday, 14th November, from 8.00 am to Tuesday 8.00 am. The prayer space in Church House will be open this month with all the usual facilities available for those of you who like that space, or

pray at home if you prefer. It will probably be a bit colder now so there will be blankets to help you retain a little body heat and tea and coffee will be available in the kitchen. Prayerfully consider committing to an hour, or part of an hour if that's all you can manage, in prayer for the ministries that have grown and need to continue to grow in Wycombe and for all that goes on in our town too. The signup sheet and Prayer Points can be found on the table at the back of the church at the same time as the Outlook magazine is available. Thank you.

Yvonne Cook

A first visit to a Mothers' Union General Meeting

We (the Hughenden MU group) started out before 8am to get through the High Wycombe traffic to the motorway. The journey to Basingstoke was clear until we got to the queue to go into the hotel where the meeting was being held. We got to the front of the queue only to be questioned 'Have you booked?' At no time when I booked on line on the first day of bookings did I see a request for parking! Our driver turned around and went to Tesco's, one of the four supermarket car parks that were being used unofficially!

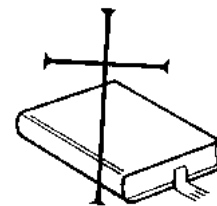
At the beginning of the day in the hotel there were lots of areas selling bottled water but NO COFFEE! We did find out later that there was a coffee shop in another area, but as MU members know, a cup of tea or coffee on arrival is essential!

A great start to the day was the Saltmine Theatre group dramatising the start of the Mothers' Union with Mary Sumner and her family. Lynne Tembey, MU Worldwide President, was her usual great self and the choir of Zimbabwean ladies entertained us with their singing. The leader of Fundraising and Communication at MU House told us about his visit to Africa in a very amusing way (he had a Superman cape on!) and introduced us to the other members of his committee.

And then off to lunch – I'm afraid I can't remember who the speaker was after lunch (did I nod off?!) but I am sure she was good.

Norma Clarke

From the Parish Registers



Holy Baptisms:

On Sunday 2nd October:

Reese Ann Cordyce, daughter of Steven Williamson and Jamie Cordyce from Aylesbury.

The Departed:

Barbara Ethel Chambers, died 2012, aged 85

Communicants - September

Sundays

4th 24 + 34 = 58
 11th 22 + 84 = 106
 18th 18 + 34 = 52
 25th 22 + 73 = 95

Weekdays

14th Holy Cross Day 3
 21st St Matthew, no celebration
 29th Michaelmas 19

November's Prayer Topics

1st Families and family life	- For children settling into new schools – those starting in reception, those who have moved up to secondary school, and those who are new to the area.
5th Mothers' Union	<ul style="list-style-type: none"> - For MU members as they gather the list of parishioners that are ill or alone, to receive a gift at Christmas; that no-one, who needs to know they are loved, is forgotten. - Thanks for the success of Away From It All holidays facilitated and funded by MU Diocesan team
15th Church magazine Editors/ Printers/ Distributors	<ul style="list-style-type: none"> - Thanks that the Editorial Team has interesting and useful meetings and that we work well together. - That we continue to receive interesting articles submitted by the deadline. - Thanks that the new printer is working well.
27th Councillors	<ul style="list-style-type: none"> - For improved understanding and harmony between electors, developers and planners as they strive to meet housing pressures in a sensitive and environmentally sustainable way. - That adequate funding and accommodation may be found to help manage the ever rising homelessness in our district - For Social services who are close to breaking point with population growth and migration.
29th - House-groups	- Thank you for our House group, the ability to share problems in confidence with fellow Christian's, the power of prayer when two or three are gathered together, to pray for those who have left our groups and new people to join and lead.
30th - MS Society	<ul style="list-style-type: none"> - For those with MS who are facing uncertainty and worry over changes to their benefits, particularly those who are waiting for results for P.I.P (Personal Independence Payments) - For those with MS who are in hospital or respite care due to a relapse in their MS. - For those who care for people with MS, whether at home or in nursing care.
Mission Prayer Topic – Pro Deo	<ul style="list-style-type: none"> - For the children who are still not in the new Orphanage despite it being exactly a year ago that it opened, this is probably due to local administration issues. - For guidance on how to manage all their projects needs despite decreasing regular donations. - For new and effective fundraising ideas.
Weekly Prayer topic – Bex	<ul style="list-style-type: none"> - Thank God for the enthusiasm of the core group of young people we have, especially their enthusiasm to re-start Bell Tower on a Sunday morning - For all our youth groups and for God's wisdom and discernment, to ensure that we continue to be open to change in order to meet the needs of our young people - For the relationships with school staff and the opportunities these brings with them.

From 'Sunday Christian' to Children's and Youth Worker

I began attending a local church from about the age of 10 with my Great Aunt and from the age of 13 started helping at Lighthouse High Wycombe. Lighthouse became the one week of my summer holidays I most looked forward to. During one of the leader's morning briefings when I was 16, I remember feeling particularly challenged about being a 'Sunday Christian'. I can't remember exactly what was said but I recall a real sense of wanting to dedicate my whole life to God.

I left school at the end of sixth form, unsure of what was next and again spent the first week of the school summer holidays at Lighthouse. Following on from the week I began to feel called to work with children and got in contact with Erica Holt, Director of Wycombe Youth for Christ. On meeting with Erica, she shared with me information on the Wycombe Youth for Christ training scheme. The training scheme entailed degree studies in Children and Family Work and Practical Theology through the Institute of Children, Youth & Mission (CYM) and a joint placement working with Wycombe YFC and Hughenden Church. Feeling this was perhaps where God wanted me, I applied – both to CYM and to Wycombe YFC – a couple of weeks later and began the training scheme!

In July of this year, I completed my degree and therefore my placement. However, I was very excited to be offered the opportunity to continue working with Wycombe YFC and Hughenden Church. In September I began my new role as full time 'Children's and Youth Worker' working half and half with Wycombe YFC and Hughenden Church.

It has been a great first couple of months working in the parish, continuing with work started over the last four years as well as new opportunities that have arisen – including working with our various youth groups in Church and coming alongside the local schools in the parish, supporting them in various capacities. I look forward with eager anticipation to all that God has in store over the coming weeks and months.

Bex (Rebecca Hawes)



What is Mothers' Union all about?

You will probably have seen the articles about Hughenden Branch Mothers' Union (MU) monthly meetings as they appear in every edition of Outlook. However MU is so much more than a group of Mums who meet once a month for coffee and a chat!

First of all MU members can be male as well as female and do not **have** to have children, or even be married. Our monthly meetings – with a speaker as well as the coffee and biscuits – are not the only time we wear our badges. MU is a worldwide organisation, divided up into Diocesan groups, so Hughenden is part of the Oxford MU. But Hughenden is part of the High Wycombe Deanery group within the Diocese. The reason for grouping MU Branches is because we also meet up with members of other MU branches for meetings at which we can get to know the members. We also invite members from other branches to attend special meetings, coffee mornings and of course our 'famous' Ploughman's Lunches'!

But MU is not just about going to meetings and enjoying ourselves. Mothers' Union has three main objectives which drive all that we do – Campaigning, Enabling and Praying.

You may sometimes have been asked by MU members to sign petitions which are targeting specific areas that MU feels need public awareness and attention. One of our most recent successes was our Bye Buy Childhood campaign which started when MU members began to notice that totally inappropriate products were being produced and marketed at children e.g. pole dancing outfits for 8 year old girls. MU members countrywide collected signatures, wrote to MPs and submitted the petition which resulted in companies rethinking what they produced and how they marketed their products. That same campaign went on to approach Internet Service Providers (ISP) about how parents can stop their children finding inappropriate material on the internet; and now the five main ISPs offer parental controls that can be activated to limit

the sites that children can access. Keep a watch out in church between 25th November and 10th December when we will have a display on the topic of 'Activism Against Gender Violence', another MU campaign.

Some of the Enabling activities that Hughenden Branch supports are Away From It All (AFIA) holidays, Women's Refuge support and One Can Trust. Hughenden regularly raises money to donate to the Diocesan AFIA fund and also refers local families who are going through a hard time and need a break. We have a Branch member who is our contact person for the local Women's Refuge and we regularly donate toiletries, underwear and gifts which can be given to women and their families when they first arrive at the refuge. We also help ensure that One Can Trust receives the donations that are left in the church and also that they have copies of recipes that people can follow using the type of ingredients that they will get in a One Can bag.

Finally Praying – this of course underpins all that MU members

do. Every Diocese around the world is part of a Wave of Prayer whereby every day of the year certain Diocese groups are targeted in prayer – so of course we also receive prayer when it is our turn. MU members also follow the Midday Prayer discipline, whereby at 12 noon, whatever we are doing, we stop for 60 seconds and pray for MU members around the world. Some members, if they cannot stop at 12.00, stop at the top of another hour on the grounds that it will be midday somewhere in the world at that time.

So as you can see Mothers' Union is a whole lot more than meeting for coffee and a chat, although of course we do talk to each other and those around us, because that's how we often find people who need MU members to help them in some way.

Watch out for another article soon, covering other activities involving MU members and specifically the many ways that Hughenden Branch supports St. Michael's church events and activities.

Jane Tucker

AUTUMN AFTERNOON

Mid November sun seeps through birch leaves;
they glow like pumpkin-lamps at Hallowe'en.
Flies dance up and down in milky light,
suspended by elastic threads, unseen.
Residual frost silvers still the lawn;
a million crystal droplets now are born.

A fly, green bodied,
with iridescent wings,
enters by the window, and is trapped.
A web, even filmier than these wings,
has grasped and held its victim, neatly wrapped.
Finger and thumb close clumsily
to extricate the fly lest it should die.
It flutters to the window and is gone.

Turning to the spider, I address her;
*"In order that this fair one should not suffer
I rob you of your rightful insect supper;
you may not think it fair,
but justice is a give and take affair"*.

The sun is sinking behind the oak.
Fingers of diagonal light
spread golden carpeting over grass.
Flies have ceased their ritual dance at last.
The summer-house grows chill.

Clear sky;
full-moon and frost tonight.

I close the window,
stack my books,
then stand and catch the sun with startled eyes;
molten it looks, tree-high.

I shut the door and walk towards the house,
marvelling at the purity of sky.

November Recipe

Pork and Apple Casserole

Casseroles are very comforting food when the cold weather sets in. If you have been working hard in the garden, clearing all those dead and dying plants, or helping clear up the churchyard, or maybe having a firework party for the children, a casserole provides a very nice, tasty meal to come in to.

Ingredients

- 1½ lbs of pork fillet or pork steaks
- 2 cooking apples
- 1 large cup of apple juice
- 1 tbsp of cheap brandy (or ginger ale)
- 1 full tsp of Dijon mustard
- 2 tbsp of olive oil
- 1 garlic clove, crushed (optional)
- 2 medium onions
- Small bunch of fresh sage leaves (or dried sage)
- ¾ pint of chicken stock
- ½ lemon, squeezed
- 1 tsp of honey
- 1 level tbsp of cornflour
- Pepper and salt to taste



Method

Slice the onions thinly. Peel, core and cube the apples. Cut the pork into even sized cubes. Fry the meat and garlic (if used) in a tablespoon of the oil until lightly browned. Add the mustard and the shredded sage leaves (or heaped teaspoon of dried sage), then the brandy or ginger ale. Remove this to a casserole dish.

Place the second tablespoonful of oil in the frying pan and fry the onions and apple cubes until lightly coloured. Add these to the casserole and deglaze the remaining browned oil and juices with a little of the apple juice. Stir the chicken stock into the meat mixture. Blend the cornflour with the rest of the apple juice and mix into the casserole contents.

Place the casserole with a close-fitting lid into the oven and cook for about 1 hour at 160/170C (325F) or gas mark 3 – 4. Check the meat is tender and serve with boiled or mashed potatoes, broccoli or green beans.

Ann Way

From 'The Parish Pump'.

Remembrance Day reminds us of our fallenness and need for redemption.

By Preb. Richard Bewes.

The other side of 'The Dambusters' – God is our refuge and strength

My wife Pam and I recently watched again the British war film 'The Dambusters' – and all that lay behind RAF Squadron 617's historic 'bouncing bomb' attack on the dams that resourced Hitler's industrial heartland. At a 'Bible Week' once in Germany, I was driven by my generous hosts to see the initial target of the 1943 raid - the Mohne Dam. Some of the original scars were still visible on the great repaired structure.

But there is always another side to war. For, back in England, a church friend whom Pam and I greatly love is 'Inge' – a sweet German Christian woman. Her family home had been in the valley, just below the Mohne Dam, the night of the fatal 17th May. Somehow Inge survived.

"How could I ever forget it?" she confided. "We heard the planes and explosions; then came the crashing water - sweeping homes, people, whole families to destruction. Almost the worst sound," she went on, "was that of the animals all around us, in their terrified baying and shrieking, as they were swept away."

War.... It occurs as an ever-repeated reminder of our own fallenness and need of redemption through the cross of Christ. And yet – according to the Psalmist - we were originally made only 'a little lower than the angels,' capable – even in our fallenness and at the height of war – of acts of incredible heroism and selfless care.

I decided to write a hymn on Psalm 46, and obtained copyright permission to set it to the film's theme music – 'The Dambusters' March.' Since then, 'God is our Strength and Refuge' has gone all over the world, and is used in many churches on Remembrance Sunday.

A hand-written letter once arrived for me from an RAF veteran who had been rear-gunner in one of the Lancaster bombers flying in the famous 617 Squadron. He had been thrilled “to hear our own squadron’s Dambuster’s March now set to words of peace!”

There is massive inspiration in The Dambusters’ story. Yet Remembrance Sunday, at its heart, reminds us again of the other side. It can even summon us on, beyond the memories, sorrows and hurt of war, to where our friend Inge is today; in the permanence of a secure faith, and in the membership of the eternal Church, against which – as Jesus promised – not even the powers of hell can stand.

God is our strength and Refuge

1. God is our strength and refuge,
our present help in trouble,
and we therefore will not fear,
though the earth should change!
Though mountains shake and tremble.
Though swirling waters are raging,
God the Lord of hosts is with us evermore!

2. There is a flowing river,
within God’s holy city,
God is in the midst of her –
she shall not be moved!
God’s help is swiftly given,
thrones vanish at his presence –
God the Lord of hosts is with us evermore!

3. Come, see the works of our maker,
learn of his deeds all-powerful;
wars will cease across the world
when he shatters the spear!
Be still and know your creator,
uplift him in the nations –
God the Lord of hosts is with us evermore!

From Psalm 46, Richard Bewes

*Copyright, Jubilate Songs; Tune Dambusters’ March, (“Sing Glory”
No 650)*

Floodlighting Dedications

Floodlighting dedications received too late for the October magazine were for:

2nd – 8th October

Marion Richardson is remembering with much love her mother Eva, particularly on the 5th, her birthday.

30 October –
5 November

Maurice Saunders late of Naphill will be 100 on November 3rd and is now living in Princes Risborough. We give thanks for his great intellect and the inspiration he has given us all. We wish this really nice gent a very happy day!

Floodlighting dedications received for November are for:

6 – 12 November

Jean Godfrey is remembering with much love her husband Roy, particularly on the 7th, his birthday.

6 – 12 November

Bonnie Larcombe and all her family are remembering with much love her brother Aaron Savin, particularly on 11 November, his second anniversary.

27 November -
3 December

Edie and all the Sadler family are remembering Cliff with much love, particularly on 27 November which would have been his 97th birthday.

There are no dedications for December or January yet.

If you have special occasions to mark, why don't you dedicate the flood-lighting? Your dedication can be for anything within reason, remembering loved ones, birthdays, anniversaries, weddings, new babies - or just for the joy of being alive!

Lin Smit

Mothers' Union A Celebration of Faith 1876-2016

Winchester Cathedral

Mary Sumner realized that there was a need to form local groups of Mothers when her eldest daughter became a mother. She remembered vividly the anxiety she had felt at the responsibility motherhood had brought for the spiritual, as well as physical well being of her children. Mary and her husband Rev'd George, lived at Old Alresford near Winchester where, on September 22nd, we travelled to the Cathedral for a magnificent service, 'A Celebration of Faith'. Currently four million members in 83 countries carry out the important work of supporting family life and communities through MU programmes.

At the Park and Ride there were many other members and I was soon greeting friends from other branches. We were highly amused on the bus to be asked by a local man if we were the Mothers' Union! He said, with a twinkle in his eye, "We have been warned about you all arriving in the city centre"! On arrival it was lovely to be greeted by local members wearing sashes, their positions marked by large banners. It certainly helped create a celebration mood. Winchester Diocese did a great job of looking after us all. At the Cathedral Green as the morning service participants were leaving, a great mass of Mothers' Union members greeted each other. BBC South were televising the event which

was attracting a lot of local interest.

On entering the Cathedral we were welcomed by the truly magnificent sound of the Mary Sumner choir from Zambia, accompanied by a drummer, lifting their voices in praise, their sound filling the building. When the Lord Lieutenant of Hampshire, Mr Nigel Atkinson, arrived to represent The Queen, our Patron, everyone fell silent for the start of the Procession. Suddenly there was a sound of a Rushing, Mighty Wind coming up the aisle from the back of the Cathedral. I think we had the full effect of the sound as we were in the Quire near the High Altar. It was an inspiring and marvellous moment and we certainly felt surrounded by the Holy Spirit. It is something that I will never forget. The drummer had practised well to make the start of the service truly memorable and on speaking to the choir the next day, they were thrilled that we had all felt the power of God's love.

The banners of Winchester Diocese, the Province of Canterbury and Mary Sumner House were processed to the High Altar and tokens from many Provincial Mothers' Unions from around the world were received. We listened to a testimony on 'How Mothers' Union makes a Difference' by a man who had served in the armed forces in the Middle East

and had then fallen onto hard times with alcohol and drug problems. His family were offered a Mothers' Union holiday and this was the turning point. He is now a regular volunteer helping with these holidays.

The Archbishop of Canterbury, The Most Rev'd and Right Hon. Justin Welby preached on the two readings chosen for the service, 1 Samuel 7 v. 3-12 and Luke 18 v.1-8. The full text of his sermon and also that of the morning service preacher, The Right Rev'd Nigel Stock, Bishop of Lambeth, can be found on the Mothers' Union website. Please do read them as they are both excellent.

The Archbishop pointed out that the golden age of stable Victorian values was a myth. Mary Sumner realized that women were at risk, children were not cared for in their unstable home life and the Church was doing very little about it. There are parallels today, the size and shape of families varying as it has through history, but the Church remains a source of comfort in times of trouble and hope for the future.

The family is the base of a community and a happy family life is valued. From the Archbishop's own experience families are complicated and will always be subject to change. That is the challenge for The Mothers' Union. Along with churches and other groups, Mothers' Union has had to look at a radical reimagining of the

nature of marriage through the Same Sex Marriage Act of 2014. We are experiencing a culture with which we have not yet come to terms and are struggling with the results. The need for reliance on God is the same as always.

The first reading spoke of a faithful God amidst a weak people and the second looked to the future - to a God of love and faithfulness. The Mothers' Union has three steps for delivering the care of family life: **Prayer** for relationships to flourish, **Enabling** development of all kinds to strengthen the family and **Campaigning** for social justice for those on the margins. Persevering prayer focuses on what is needed and lays those needs before God.

The intercessions, read by a cross section of members, were very moving, followed by the sung Taize response 'O Lord hear my prayer'. The Peace involved everyone in the Cathedral and a comment was made that the Archbishop looked as though he was doing 'Strip the Willow' down the aisle! During the distribution of Communion the Choir sang again and included an anonymous setting of Mary Sumner's Prayer.

Finally it was time to leave the Cathedral, with the Archbishop shaking many hands. It was such an inspiring afternoon and many people had put much prayer and time into the preparation of a memorable occasion.

Barbara Willson

November Calendar

Tue	1		All Saints' Day
		11.00 am	Burial of ashes
		7.30 pm	Sung Eucharist: Church
Wed	2	1.00 pm	Knit and Natter: Church House
		7.00 pm	Alpha Course: Church House
Thu	3	9.30 pm	Toddler Group: Church
		3.30 pm	Messy Church: Cryers Hill Methodist Church
Sat	5	6.00 am	Wycombe Prayer Group: Church House
Sun	6		Third Sunday before Advent
		8.00 am	Holy Communion (said)
		9.00 am	Sung Communion
		10.45 am	Informal Family Service with JC Club
		4.00 pm	Service of Commemoration and Thanksgiving for the Departed followed by refreshments in Church House
		6.00 pm	Evensong (Book of Common Prayer) (no sermon)
Tue	8	7.30 pm	Mothers' Union: Church House
Wed	9	9.30 am	Private booking: Church House
		7.00 pm	Alpha Course: Church House
Thu	10	9.30 am	Toddler Group: Church
		10.30 am	Tiny Tots' Service: Church
Fri	11	11.15 am	Visiting Bellringers
Sun	13		Second Sunday before Advent
		8.00 am	Holy Communion (said)
		9.00 am	Mattins (Book of Common Prayer)
		10.20 am	Act of Remembrance
		10.45 am	Family Communion
		6.00 pm	Evensong (Book of Common Prayer) (no sermon)
Mon	14	8.00 am	24 hours of prayer for High Wycombe: Church House
			Mothers' Union Committee meeting: North Room
Wed	16	7.00 pm	Alpha Course: Church House
Thu	17	9.30 am	Toddler Group: Church
Sat	19	9.00 am	Alpha Holy Spirit Day: Church House
Sun	20		Christ the King
		8.00 am	Holy Communion (said)
		9.00 am	Choral Communion
		10.45 am	Informal Service with JC Club
		6.00 pm	Evensong (Book of Common Prayer) (no sermon)
Tue	22	5.00 pm	Twin Tours - Hughenden Manor & Hughenden Church
Wed	23	7.00 pm	Alpha Course: Church House
Thu	24	9.30 am	Toddler Group: Church
		7.30 pm	Parochial Church Council: Church House
Sat	26	8.00 am	Mens' Breakfast: Church House
		10.30 am	Visiting Bellringers
Sun	27		Advent Sunday
		8.00 am	Holy Communion (said)
		9.00 am	Mattins (Book of Common Prayer)
		10.45 am	Family Communion with JC Club
		6.00 pm	Evensong (Book of Common Prayer) (no sermon)
Wed	30		Andrew, Apostle, Evangelist
		7.00 pm	Alpha Course: Church House

The Lectionary – November 2016

Date	Lesson	Readers		
		8.00 am/6 pm	9.00 am	10.45 am
6th	Third Sunday before Advent			
	Job 19, 23 – 27a	J White	A Moore	Matt Dean
	2 Thessalonians 2, 1 – 5 & 13 – 17	P Hynard	S Brice	
	Luke 20, 27 – 38	Priest	Priest	
	Evensong: Psalm 40			
	1 Kings 3, 1 – 15	A Johnson		
	Romans 8, 31 – 39	M Morgan		
13th	Second Sunday before Advent			
	Malachi 4, 1 – 2a	J Holmes	L Stallwood	A Sackville
	2 Thessalonians 3, 6 – 13	J Wilson	B Brice (check	J Sackville
	Luke 21, 5 – 19	Priest	which lesson)	Priest
	Psalm at 9am: 98			
	Evensong: Psalms 93 & 97			
	Daniel 6	B Doran		
	Matthew 13, 1 – 9 & 18 – 23	E Bailey		
20th	Christ The King			
	Jeremiah 23, 1 – 6	J Dauncey	H Farrar-Hockley	Leader
	Colossians 1, 11 – 20	C Carter	J Palmer	
	Luke 23, 33 – 43	Priest	Priest	
	Evensong: Psalm 72			
	1 Samuel 8, 4 – 20	B Brice		
	John 18, 33 – 37	S Brice		
27th	First Sunday of Advent			
	Isaiah 2, 1 – 5	A Jaycock	E Sadler	J Tucker
	Romans 13, 11 – 14	A Stacey	S Badrick (check	K Williams
	Matthew 24, 36 – 44	Priest	which lesson)	Priest
	Psalm at 9am 122			
	Evensong: Psalm 9			
	Isaiah 52, 1 – 12	A Johnson		
	Matthew 24, 15 – 28	M Morgan		

Regular Meetings and Organisations



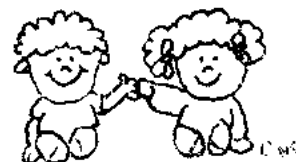
Friendship Morning

This is a get together in Church House on the 3rd Thursday each month at 10.30 a.m. It is primarily for those who are bereaved, who live on their own and for those who are lonely. The emphasis is very much on companionship and the atmosphere is light and cheerful. Please contact me if you think this is for you.

Penny Austin – 01494 529596

Babies & Toddlers @ St. Michael's

Babies and Toddlers @ St. Michael's meets every Thursday in term time from 0930 -1130 in the North Room. Come for chat, play, craft and refreshments.



Included, every second Thursday of the month, will be 'Tiny Tots', a time of fun worship in Church.

For details contact Helen Peters – helen.peters@peters-research.com

House Groups

A variety of house groups meet throughout the week: for days and times, or for further information contact Helen Byrne –

helenbyrne67@googlemail.com or 01494 564342.

Young People's Groups @ St Michael's

CYFA (School years 10+) Alternate Sunday evenings in term time.

FLASH (School years 7-9) Monthly Sunday evening in term time.

AWESOME AND ACTIVE

(AAA) (School years 4-6) Monthly Sunday: teatime in term time.

For dates of meetings for all groups and further details contact Rebecca Hawes - rebecca@wycombeyfc.org.uk

December 2016/January 2017 Issue of Outlook

Outlook is published on the 28th of each month, except July and December. The Editors for the December/January edition are Christopher and Jane Tyrer. Items for inclusion should reach the Editors by email at:

mag@hughendenparishchurch.org.uk

Hand-written articles should be delivered or posted to Sylvia Clark, 'Failte', Boss Lane, Hughenden Valley, HP14 4LQ.

PLEASE: ALL contributions to be received by 15th November. PLEASE

Who's Who at St Michael & All Angels

VICAR	The Rev'd Keith Johnson	257569
ASSOCIATE MINISTER	The Rev'd Helen Peters	716772
LICENSED LAY MINISTER	David Tester	563354
CHURCHWARDENS	Robin Innes Christopher Tyrer	07958 570330 01844 344650
PARISH CLERK & VERGER	Arthur Johnson	521471
PARISH ADMINISTRATOR	Lin Smit	462094
CHURCH NOTICES/WEBSITE	Ben Brice	445899
PCC LAY CHAIRMAN	Clare Godfrey	563296
PCC SECRETARY	Beryl Doran	711909
PCC ASSISTANT SECRETARY	Penny Austin	529596
PCC TREASURER	Ian Faulkner	451279
PCC ASSISTANT TREASURER	Arthur Johnson	521471
PLANNED GIVING SECRETARY	Arthur Johnson	521471
TASK GROUP LEADERS: COMMUNICATIONS	Jane Tyrer	01844 344650
PRAYER	Jane Tucker	534989
YOUTH	The Rev'd Helen Peters	716772
MISSION	Christopher Tyrer	01844 344650
OUTREACH & SOCIAL	Frank Hawkins	565050
ALPHA COURSE - ADMINISTRATOR	Diane Hawkins	565050
ELECTORAL ROLL OFFICER	Arthur Johnson	521471
DEANERY SYNOD REPRESENTATIVES	Arthur Johnson Churchwardens	521471 See above
DIOCESAN SYNOD REPRESENTATIVE	Christopher Tyrer	01844 344650
ORGANIST AND CHOIRMASTER	Neil Brice	445899
WORSHIP LEADER	Tony Sackville	446035
TINY TOTS FUN WORSHIP	The Rev'd Helen Peters	716772
AV AND SOUND SYSTEM	Frank Hawkins	565050
SERVERS	Andrew Cole	442191
MOTHERS' UNION PARISH LINK	Ann McCarthy	712004
CAPTAIN OF BELLRINGERS	David Cornwall	714718
VALLEY FRIENDS	Jill Graves	563813
CRECHE ROTA	Jane Lomas	563629
HUGHENDEN BABY AND TODDLER GROUP	The Rev'd Helen Peters	716772
CHRISTIANS IN THE COMMUNITY	Norma Clarke	563116
FRIENDSHIP MORNING	Penny Austin	529596
CHURCH HOUSE TEAS BOOKINGS	Julia Grant	711939
CHURCH COFFEE ROTA	Sylvia Clark	562801
CHURCH FLOWERS	Jean Godfrey	522198
CHURCH BOOKSTALL	Elaine Morley	562714
CHURCH HOUSE BOOKINGS	Parish Administrator	462094
HUGHENDEN VILLAGE HALL	Christine Powell	07815 163269
NAPHILL VILLAGE HALL	Norma Clarke	563116
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SAFEGUARDING OFFICER	Tricia Devlin	712693

Our Mission is

“To enable all to follow Jesus Christ”

We shall live out this mission through Prayer, Presence,

Persuasion and Proclamation by:

i) Leading lives centred on Jesus Christ –

- That is steadfastly based on the Bible and prayer
- That is based on Jesus' example
- By being ambassadors of Christ to our friends, families, neighbours and work and school colleagues.

ii) Being seen and known in the wider Community by

- Understanding the communities in which we live and seeking to be fully involved in those communities
- Building appropriate bridges between our Church and our community
- Taking every opportunity to share the Good news about Jesus Christ

iii) Offering and receiving spiritual and practical support and development –

- That is appropriate to wherever people are on their spiritual journey
- That is based on worship that is honouring to God and accessible and relevant to all
- And that is led by prayer that engages with the will of God and his purposes

Dear Lord, As we remember this month all those who have sacrificed their lives for their country in wars, we ask you to pour peace into the hearts and minds of those who continue with acts of violence and terror in so many parts of our world. Comfort the bereaved, the wounded and the homeless and grant that we treat them with compassion and love.